



PE Games Progression Development in Year 5

Invasion	Striking and Fielding	Net and Wall
<p><u>Aim of Educational Invasion Games</u> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn how to work well as a team when attacking and explore a range of ways to defend. They play uneven- sided games leading to a 5v4 or 4v3. Children will also learn a wider range of sport specific techniques for passing, dribbling and shooting and will learn to apply basic principles for attacking and defending.</p> <p><u>Performance of skills – Progression</u> Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.</p> <p><u>Developing Physical Skills – Lancashire scheme</u> Invasion Games skills through: Year 5 core task (netball) – running, dodging, chest pass, bounce pass, catching, shoulder pass, shooting Year 5 core task (rugby) – running, dodging, swing pass, catching a ball, kicking a ball Year 5 core task (hockey) – running, push pass, dribbling, receiving a ball, shooting.</p> <p><u>Application of skills – Lancashire scheme (Core Task)</u> Collaborate as a team and develop defending skills through modified versions of 5v3 or 5v4 invasion games. The year 5 core task games aim to beat the opposition by scoring more goals. Play the game initially 5v3 and then 5v4.</p> <p>Knowledge Attacking tactics – to use a range of passes. To pass ahead of the supporting players. To get away from a defender to receive a pass. Defending tactic – To close down space.</p> <p>‘are the character traits that are important.</p>	<p><u>Aim of Educational Striking and Fielding Games</u> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, backstop, fielder and batter. Children will focus on developing their technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team.</p> <p><u>Performance of skills – Progression</u> Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.</p> <p><u>Developing Physical Skills – Lancashire scheme</u> Bowl underarm Strike a ball off a tee Strike a bowled ball Field a ball and throw back overarm</p> <p><u>Application of skills – Lancashire scheme (Core Task)</u> Rounders level 1 Competition The aim of this game is for a team to score as many runs as possible. Play the game 9v9. One team bats while the other team fields and bowls. The bowler bowls the ball underarm to the batter who hits the ball anywhere on the rounders pitch</p> <p>Knowledge Batters – To run as quickly as possible to score. To strike the ball into space away from the fielders. Fielders – Retrieve the hit object as quickly as possible to limit the number of runs scored.</p> <p>‘Encouragement, Decision Making, Evaluation’ are the character traits that are important.</p>	<p><u>Aim of Educational Net and Wall Games</u> In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn to develop the range and quality of their skills when playing games using rackets. They will also learn specific tactics and skills for net/wall type games. They will also spend time developing effective serving techniques and tactics. The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.</p> <p><u>Performance of skills – Progression</u> Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.</p> <p><u>Developing Physical Skills – Lancashire scheme</u> Throwing a ball Hold a racket correctly Forehand Backhand Volley</p> <p><u>Application of skills – Lancashire scheme (Core Task)</u> The Long and thin or short and fat core task involves children using shots to strike a ball accurately at targets, moving their opponent around the court in order to create spaces in which to attack. They devise a scoring system and evaluate and adapt it as necessary. As they gain experience, they start to play more competitively hitting the ball away from their opponent to try to prevent them scoring.</p> <p>Knowledge To use tactics effectively i.e. strike the ball with purpose, varying the speed. Strike the ball into spaces they can see.</p> <p>‘Encouragement, Decision Making, Evaluation’ are the character traits that are important.</p>