

PE Games Progression Development in Year 6

Invasion

Striking and Fielding Aim of Educational Striking and Fielding Games

Net and Wall

Aim of Educational Invasion Games

In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition Children will improve their defending and attacking play. They start to play even-sided mini-versions of invasion games.

In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. In invasion games, they enter their opponent's territory with the 'ball' and try to get into good position for shooting or reaching the 'goal'.

Performance of skills - Progression

Continue to develop sport specific skills and perform them with consistency, accuracy, confidence, control and speed.

Developing Physical Skills – Lancashire scheme

Invasion Games skills through: Calling the shots (netball) - running, dodging, chest pass, bounce pass, catching, shoulder pass, shooting

Calling the shots (rugby) - running, dodging, swing pass, catching a ball, kicking a ball Calling the shots (hockey) running, push pass, dribbling, receiving a pass, shooting.

Application of skills – Lancashire scheme (Core Task)

Apply attacking and defending skills through modified versions of 4v4 or 5v5 invasion

The 'Calling the shots' core task involves children setting up a 4v4 invasion game based on mini-versions of invasion games.

Knowledge

Attacking tactics – To use a range of passes. To get away from a defender to receive a pass. To send the ball wide and/or deep to supporting players.

Defending tactic – To close down space. To intercept a pass.

'are the character traits that are important.

In all games activities, children think about how to use skills, strategies and tactics to outwit the

opposition Children will develop the range and quality of their skills and understanding. They learn how to play the different roles of bowler, wicket-keeper, fielder and batter.

Children will focus on developing heir technique and using a wider range of shots, working in larger teams for some of the time. They will concentrate on developing their bowling technique and using tactics as a fielding team.

Performance of skills - Progression

Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.

.Developing Physical Skills - Lancashire scheme

Bowl overarm

Strike a bowled ball

Field a ball and throw back overarm

Application of skills - Lancashire scheme (Core Task)

Cricket Level 1 Competition

The aim of this game is for a team to score as many runs as possible.

Start with a three pair game. One pair bats, one pair fields and one pair bowls and keeps wicket. The bowling pair take it in turns to bowl. Set a length for the innings.

Knowledge

Batters - To run as quickly as possible to score. To strike the ball into space away from the

Fielders – Retrieve the hit object as quickly as possible to limit the number of runs scored.

'Encouragement, Decision Making,

Evaluation' are the character traits that are important.

Aim of Educational Net and Wall Games

In all games activities, children think about how to use skills, strategies and tactics to outwit the opposition. Children will learn to develop the range and quality of their skills when playing games using rackets. They will also learn specific tactics and skills for net/wall type games. They will also spend time developing effective serving techniques and tactics.

The aim is to get the ball to land in the target area and make it difficult for the opponent to return it.

Performance of skills - Progression

Continue to develop sport specific skills and perform them with consistency, accuracy, confidence and control.

Developing Physical Skills – Lancashire <u>scheme</u>

Throwing a ball

Forehand

Backhand

Volley

Underhand serve

Application of skills - Lancashire scheme (Core Task)

Task 1 - The aim of the game is to score points by hitting a ball into your opponent's court and the ball bouncing twice. Play the game one against one on a long, narrow court. Use a racket and a suitable

Task 2 - This game is played in the same way as Task 1but raise the height of the net and make the court a little narrower and longer.

Knowledge

To know the need for different tactics i.e. hit the ball with purpose, varying the speed, height and direction position themselves well on court.

'Encouragement, Decision Making,

Evaluation' are the character traits that are important.