



PSHE- EYFS Curriculum Map

Term	Topic	Coverage	One decision links
Autumn 1	Being me in my world	<ul style="list-style-type: none"> Developing relationships Understanding feelings Managing behaviour -using rainbow rules 	<ul style="list-style-type: none"> Pink feels sad Blue learns to share Pink misses mummy Pink goes to school Yellow wants to play with orange Rainbow feels angry Orange feels worried
	Healthy Me	<ul style="list-style-type: none"> Hygiene and hand washing Exercise 	<ul style="list-style-type: none"> I can wash my hands
Autumn 2	Celebrating differences	<ul style="list-style-type: none"> Uniqueness - what makes me special Families and homes Making friends Anti-bullying 	<ul style="list-style-type: none"> Why does purple play differently Red's nut allergy Orange moves house Pink has a new brother Red's hearing aid Green gets glasses Yellow's bedtime
	Healthy me	<ul style="list-style-type: none"> Sleep 	
Spring 1	Kids safe	<ul style="list-style-type: none"> Recognising yucky feelings Stranger danger Telling a trusted adult Staying safe on the internet 	<ul style="list-style-type: none"> Pinks screen time
Spring 2	Relationships	<ul style="list-style-type: none"> Making friends Dealing with falling out Being a good friend 	<ul style="list-style-type: none"> Blue's best friend Blue learns to share Yellow wants to play with orange Yellow play fights Orange helps out Red visits the dentist Orange brushes her teeth
	Healthy me	<ul style="list-style-type: none"> Teeth cleaning 	
Summer 1	Dreams and goals	<ul style="list-style-type: none"> Never giving up 	<ul style="list-style-type: none"> Green's greens

	Healthy me	<ul style="list-style-type: none"> • Goal setting • Overcoming obstacles • Diet 	<ul style="list-style-type: none"> • Healthy dinner • My goal • Rainbow's food journey •
Summer 2	Changing me	<ul style="list-style-type: none"> • Growing up • Changes and getting used to these • Getting ready for year one 	<ul style="list-style-type: none"> • Blue explores Road Safety • Blue feels worried • Green is moving up a year

- These are subject to change if a particular need arises.