# 1decision PSHE Knowledge Organiser

**Module: Being Responsible** 

**Topic: Practice Makes Perfect and Helping Someone in Need** 







Year 2

#### **Key Facts**

- It is important to have manners and be courteous
- Self-respect can enhance your own happiness
- It is important to respond safely and appropriately to people who you do not know very well

#### By the end of these topics, I should:

- be able to name ways you can improve in an activity or sport
- understand the importance of trying hard and not giving up
- be able to see the benefits of practising an activity or sport
- be able to learn ways to set goals and work to reach them
- know how you can help other people
- be able to recognise kind and thoughtful behaviours and actions
- understand the risks of talking to people you don't know very well in the community
- be able to identify the differences between being responsible and being irresponsible

### I will learn the following new words/ phrases:

Abilities	The physical or mental power or skill needed to do something.
Thoughtful	Caring about or showing consideration for others.
Qualities	The features or characteristics of a person or thing.
Manners	Polite social behaviour or habits.
Courteous	Polite, respectful, or considerate in manner.
Appropriately	Suitable or right for a particular situation or occasion.
Self-respect	Respect for yourself that shows that you value yourself.
Improve	To get better.

## Ask me a question!

- What are your best qualities?
- Can you name something you'd like to get better at?
- Who helps you at home, at school, and in the community?
- How can we be kind and thoughtful?

