

RE -Sikhism- Year 4 Spring 1

Prior Learning:
Y3 Why are the Gurus important to Sikhs?

Key Vocabulary

Sikhism	One of the world's main religions.
Sikh	Someone who follows Sikhism .
Guru	Spiritual teacher.
Guru Nanak	The founder of Sikhism .
gurdwara	A Sikh place of worship.
Guru Granth Sahib	The Sikh holy text.
sargun	The belief that God is everywhere and in everything.
nirgun	The belief that God is above and beyond everything.

God is referred to by many names, including:

- Waheguru (Wonderful Teacher);
- Sath Nam (Eternal Reality);
- Akal Purakh (Eternal One).



Worship

Sikhs worship both in public and in private. **Sikhs** worship together in the **gurdwara**. The word **gurdwara** means 'door to the **Guru**'.

Shoes must be removed and hair covered before entering the main prayer hall to worship. Men and women sit cross-legged on opposite sides, facing the **Guru Granth Sahib**.

Symbols

The Khanda is the main symbol of **Sikhism**. The Ik Onkar means 'there is only one God'.



The 5 Ks

Kesh: **Sikhs** leave hair uncut to show obedience to God.

Kangha: A wooden comb that helps **Sikhs** to keep their hair in place.

Kara: A steel bangle that reminds **Sikhs** to behave well.

Kachera: These are shorts worn as underwear.

Kirpan: A tiny sword worn by **Sikhs**.

Key Learning, Sikhs believe...

- There is only one God
- They believe God cannot be described as either male or female
- God created the world and created people to know the difference between right and wrong
- Images of God are forbidden as is worshipping them
- All people are equal

Can I answer:

- How do Sikhs use clothing and items to show their beliefs?
- Who was Guru Nanak?
- Where do Sikh people worship?
- Can you name a symbol of Sikhism?
- What does sewa mean?