

Design Technology - Healthy Ice Lollies- Year 3 Summer Term

Prior Learning

Y1 - making fruit kebabs
Y2 - making a healthy snack for a picnic.

Vocabulary

Design brief - it outlines the most important factors to consider when starting a project.

Ingredients - the substances chosen.

Measure - to use the correct amount, of (something) by using an instrument or device marked in standard units.

Preparation - the process of weighing, measuring, chopping etc to get the ingredients ready for cooking or making.

Food combination - A concept that certain foods pair well together while others do not.

Evaluation - to judge how successful the final product is.

Methods and Processes



Bridge cutting technique for cutting in half or quarters



Claw cutting technique for slicing.



Weighing



Measuring

Tools



Knife



Blender



Ice lolly mould



Digital scales

Design Process



Can I answer?

What are the different types of cutting techniques?

When should each be used?

Which fruit flavour combinations go well together?

The eatwell plate

Use the eatwell plate to help you get the balance right. It shows how much of what you eat should come from each food group.

