

RE - Hindu Dharma - Year 3 Summer Term

Prior Learning:

- The religious beliefs of others, should be respected
- Understand the qualities of a good leader

Hindu symbol- Aum



Divya Lamp



Rama and Sita



Key Learning

- Know what my duties are to myself and one another
- Know why family is so important to many humans.
- Know how worshipping at home might bring a family together and be a reminder to lead a moral life.
- Learn about the festival Raksha Bandhan and how the festival traditions are a reminder of family ties and responsibilities.
- Learn about the story of Rama and Sita and what it might teach Hindus about roles and duties in their family.

Key Vocabulary

Hindu	A person that follows the Hindu religion
Aum	The symbol that represents the Hindu religion
Raksha Bandhan	A Hindu festival that celebrates family bonds
Tradition	Something that is repeated many times
Duty	A moral obligation
Worship	To pray to a God or Goddess
Bond	Holding something together

The story of Rama and Sita

Rama's stepmother wanted her son to be king, and not Rama so she exiled Rama and his wife Sita, to the forest for 14 years. In the forest, the evil demon Ravana seizes Sita and takes her to his island home of Lanka. Rama follows a trail of Sita's jewellery and then meets Hanuman, the monkey-king. Hanuman and Rama defeat Ravana then, their exile over. Rama returns home with Sita. The people light their way home with little lamps called divya lamps left outside their homes.



What is Raksha Bandhan?

Raksha Bandhan is a Hindu festival, usually celebrated in August.

Raksha Bandhan is also known as Rakhi.



It celebrates and strengthens the bond of love between brothers and sisters.

Traditions of Raksha Bandhan



Brothers and sisters face each other.

The sisters tie a Rakhi (bracelet) made from coloured cotton or silk around their brother's wrist.



The Rakhi symbolises protection from evil.

Red and gold threads are popular Rakhi colours and some bracelets also have beads and jewels on them.

Can I answer:

- How and why do Hindus celebrate Raksha Bandhan?
- What is the lesson in the Rama and Sita story?
- What are some of my 'duties'?
- Why is family important?