

RE - Sikhism - Year 3 Summer Term

Prior Learning:

- We know that different religions believe in different things to do with God.
- We know what makes a good leader.

Key Vocabulary

guru	Literally meaning teacher, the name given to Sikh prophets.
meditation	Reciting a word or phrase from the Holy Book repeatedly to feel close to God.
Guru Nanak	The first Guru who began the Sikh religion.
Guru Granth Sahib	The Sikh Holy Book, treated like a human Guru.
Gurdwara	The Sikh place of worship, home to the Guru Granth Sahib.



The 10 Gurus

- Sikhs believe that there have been 10 Gurus (or teachers) who God has spoken to. They teach Sikhs how to live a life which honours God.
- The first Guru (who began the religion) was Guru Nanak. He spent his life travelling around, preaching to Muslims and Hindus about religion. He also did a lot of writing and teaching.
- He taught people that he believed that there was one god and that everyone can have a relationship with God through meditation.

Key Learning

- Sikhs believe in one God.
- They believe there have been 10 Gurus who God has spoken to who teach them how to live in a holy way.
- The Sikh holy book is called the Guru Granth Sahib
- Sikhs worship in a temple called the Gurdwara
- Sikhs show their religion with the 5 Ks.

The 5 Ks of Sikhism

Kanga	Kesh	Kara	Kirpan	Kachera
	This is the uncut hair which symbolises spiritual power		A Sikh sword, a symbol of respect and justice	
A special comb that represents cleanliness		A steel bangle, symbolising unity, of self and a process of constant learning		A special pair of shorts. These are a symbol of modesty

Holy Book

- The Sikh Holy Book is the Guru Granth Sahib.
- The tenth guru, Guru Gobind Singh, proclaimed that he would be the last living guru and after him Sikhs should take their lead from the Sikh holy book.
- The holy book of Sikh is treated as very special, it is placed under a canopy on a raised platform, always covered with cloth when it is not being read.



Place of Worship

- Sikhs worship in a temple called a Gurdwara.
- Sikhs take off their shoes, wash their hands and cover their heads before entering the Gurdwara.
- Sikhs read from the Guru Granth Sahib, pray or meditate together, sing hymns,
- Food is then offered after the service and everyone sits on the floor as equals to eat.



Can I answer:

- Who do Sikhs follow?
- What is a guru?
- Why do Sikhs follow the Gurus teachings?
- How do Sikhs show their beliefs?