

# Personal Development 2024 -2025

English - Personal Development Themes					
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
- Spiritual, moral, social and cultural development	- Healthy living	- Equality and diversity - British Values	- Careers guidance	- Citizenship	- Preparation for next stage

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Numeracy Focus:</b> Reading  <b>Literacy Focus:</b> Punctuation	<b>Numeracy Focus:</b> Calculation  <b>Literacy Focus:</b> Sentence Structure	<b>Numeracy Focus:</b> Recall  <b>Literacy Focus:</b> Paragraphs	<b>Numeracy Focus:</b> Time  <b>Literacy Focus:</b> Spelling	<b>Numeracy Focus:</b> Estimation  <b>Literacy Focus:</b> Reading/ Understanding	<b>Numeracy Focus:</b> Measurement  <b>Literacy Focus:</b> Expanding Vocabulary
KS3	<b>Living in the Wider World (Media and digital literacy)</b> <ul style="list-style-type: none"> <li>Internet Safety – How can we avoid online groomers?</li> <li>Digital Safety - Power of the Selfie</li> <li>Human Rights - Human Trafficking</li> </ul>	<ul style="list-style-type: none"> <li><b>Physical Health</b></li> <li>E-cigs, vaping and shisha</li> <li>Dangers of Alcohol</li> <li>Healthy eating (cooking fajitas and stirfry)</li> </ul> <b>Mental Health –</b> <ul style="list-style-type: none"> <li>Health and Well Being</li> </ul>	<b>Bullying and Discrimination –</b> <ul style="list-style-type: none"> <li>Bullying or Banter?</li> <li>Racism</li> <li>Gender Stereotypes in the Workplace</li> </ul> <b>British Values (tolerance)</b> <ul style="list-style-type: none"> <li>Mutual Respect and Tolerance</li> </ul>	<b>Community and Responsibility –</b> <ul style="list-style-type: none"> <li>Communication and Teamwork</li> <li>Getting to know People</li> </ul> <b>Money and Work –</b> <ul style="list-style-type: none"> <li>What is an Entrepreneur?</li> <li>Job Opportunities</li> <li>Exploring Careers</li> </ul>	<b>Money and Work</b> <ul style="list-style-type: none"> <li>Managing Pocket Money</li> </ul> <b>Community and Responsibility</b> <ul style="list-style-type: none"> <li>Racial Justice in the UK</li> <li>Rights and Responsibilities</li> <li>Morals – the importance of doing the right thing</li> </ul>	<b>Reflecting on the Past Year</b> End of Year Reflection  <b>Preparation for Next Phase</b> End of Term Activities Booklet  <b>Revision and Memory</b> <ul style="list-style-type: none"> <li>Using Time Productively</li> </ul>

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	<p><b>Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>LAW AND YOUNG OFFENDERS - How does the law deal with young offenders?</li> <li>Misogyny and Sexism</li> </ul> <p><b>Community and Responsibility/ Personal Safety</b></p> <ul style="list-style-type: none"> <li>Acid attacks</li> </ul> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>Aspirations - Being an aspirational student</li> </ul>	<ul style="list-style-type: none"> <li>Positive Mental Health</li> </ul> <p>Careers lesson planned by Ziggy</p>	<ul style="list-style-type: none"> <li>Human Rights</li> </ul> <p>Careers Lesson Planned by Ziggy</p>	<p>Careers lesson planned by Ziggy</p>	<ul style="list-style-type: none"> <li>Volunteering</li> </ul> <p>Careers lesson planned by Ziggy</p>	<ul style="list-style-type: none"> <li>The Importance of Organisation</li> <li>Revision Tips</li> <li>Careers lesson planned by Ziggy</li> <li>End of Year (2024) Quiz</li> </ul>
<b>Year 10</b>	<p><b>Living in the Wider World (Media and digital literacy)/ Community and Responsibility</b></p>	<p><b>Physical Health –</b></p> <ul style="list-style-type: none"> <li>Substance Misuse</li> </ul>	<p><b>Bullying and Discrimination –</b></p> <ul style="list-style-type: none"> <li>Hate Crime</li> <li>Bullying</li> </ul>	<p><b>Community and Responsibility –</b></p> <ul style="list-style-type: none"> <li>How do I make decisions?</li> </ul>	<p><b>Money and Work</b></p> <ul style="list-style-type: none"> <li>Maintaining a Healthy diet on a budget</li> </ul>	<p><b>Preparation for next stage</b></p> <ul style="list-style-type: none"> <li>Preparing for Year 11</li> </ul>

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	<ul style="list-style-type: none"> <li>• Role Models</li> <li>• Misogyny and Sexism</li> </ul> <p><b>Living in the Wider World (Media and digital literacy)</b></p> <ul style="list-style-type: none"> <li>• Photoshop-airbrushing – fake news</li> </ul> <p><b>Living in the Wider World/ Personal Safety</b></p> <ul style="list-style-type: none"> <li>• Harrassment and Stalking</li> <li>• Gangs – County Lines</li> </ul> <p><b>Living in the Wider World/ Money</b></p> <ul style="list-style-type: none"> <li>• Money Laundering</li> </ul> <p><b>Growing and Changing</b></p> <ul style="list-style-type: none"> <li>• Growth mindset</li> </ul>	<ul style="list-style-type: none"> <li>• The Importance of Basic First aid</li> <li>• Healthy eating (cooking fajitas and stirfry)</li> </ul> <p><b>Mental Health –</b></p> <ul style="list-style-type: none"> <li>• Dealing with Anger and Frustration</li> <li>• Social Media and Online Stress</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>British Values (tolerance)</b></p> <ul style="list-style-type: none"> <li>• British Values and Identity</li> <li>• Democray Explored</li> </ul> <p><b>Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>• Community Cohesion</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>Money and Work –</b></p> <ul style="list-style-type: none"> <li>• Careers and Aspirations</li> <li>• Finding Careers Information</li> <li>• Developing a Positive Work Ethic</li> <li>• Employability and Enterprise Skills</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>• Moral, Legal and Political Rights</li> <li>• Human Rights</li> <li>• Decisions and Accountability</li> <li>• Modern Day Slavery</li> <li>• Becoming a Responsible Citizen</li> </ul>	<ul style="list-style-type: none"> <li>• Post 16 Options</li> <li>• Personal Statement</li> <li>• End of Term Activities Booklet</li> <li>• Interview Prep</li> </ul> <p><b>Revision and Memory</b></p> <ul style="list-style-type: none"> <li>• How to Revise</li> <li>• Careers lesson planned by Ziggy?</li> <li>• End of Year (2024) Quiz</li> </ul>
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<p><b>Year 11</b></p>	<p><b>Living in the Wider World/ Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>Youth offenders</li> </ul> <p><b>Living in the Wider World (Media and digital literacy)/ Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>Incels, misogyny and extremism</li> <li>Misogyny, sexism and Andrew Tate</li> <li>Appearance Vs Reality</li> <li>Radicalisation process</li> </ul> <p><b>Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>Pollution, Plastic and the environment</li> </ul>	<p><b>Physical Health –</b></p> <ul style="list-style-type: none"> <li>The Importance of Sleep</li> <li>Body Modifications</li> <li>Nitrous Oxide and Festivals</li> <li>Healthy eating (cooking fajittas and stirfry)</li> </ul> <p><b>Mental Health –</b></p> <ul style="list-style-type: none"> <li>The importance of Happiness</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>Bullying and Discrimination –</b></p> <ul style="list-style-type: none"> <li>Prejudice and Discrimination</li> <li>Anti-Bullying</li> </ul> <p><b>British Values (tolerance)</b></p> <ul style="list-style-type: none"> <li>Equality Act 2010</li> <li>British Values and the Rule of Law</li> <li>Voting</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>Community and Responsibility –</b></p> <ul style="list-style-type: none"> <li>What Makes a Good Leader?</li> </ul> <p><b>Money and Work –</b></p> <ul style="list-style-type: none"> <li>Careers – Interview Prep</li> <li>Being Ambitious with Goals</li> <li>Employability Skills</li> <li>CV Writing</li> </ul> <p>Careers lesson planned by Ziggy</p>	<p><b>Money and Work</b></p> <ul style="list-style-type: none"> <li>Finance Budgeting and Employment</li> <li>Managing a Household Budget</li> <li>Employment Rights</li> </ul> <p><b>Community and Responsibility</b></p> <ul style="list-style-type: none"> <li>How do we Vote in the UK?</li> <li>Community Cohesion</li> <li>Rights Responsibilities and Civic Duties</li> </ul> <p>Careers lesson planned by Ziggy</p>	
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# Personal Development 2024 -2025

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