

Ewanrigg Junior School

PE

Cycle A 2025-2026,

Cycle B 2026-2027

Year group	Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3/4	A	Ball Skills Hockey	Yoga Gymnastics	Fitness Dance Swimming	Netball Tennis OAA	Rugby Athletics	Football Rounders
	B	Fundamental Hockey	Dance Yoga Fitness	Swimming Gymnastics Trampolining	Orienteering Rugby	Netball Tennis	Golf Athletics
Year 5/6	A	Netball Fitness Dance	Swimming Yoga Football	Gymnastics Tag Rugby	Tennis Cricket	Athletics Hockey	Rounders Volleyball
	B	Netball Fitness	Swimming Football Dance	Gymnastics Trampolining	Rugby Orienteering	Cricket Tennis	Golf Athletics