



FAIRFIELD PRIMARY SCHOOL

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Dear Parents/ Guardians,

Personal, Social, Health Education, which includes Relationships

At Fairfield Primary School, we use the Discovery Education Health and Relationship Programme as our scheme of work to teach PSHE (Personal, Social and Health Education).

In Year 3, pupils cover the following content across the year:

Families and Close Relationships	Different types of committed relationships and the basic characteristics of these.
Friendships	Being a good friend and respecting personal space ; strategies for resilience.
Safe Relationships	Personal boundaries; safely responding to others; the impact of hurtful behaviour.
Respecting Ourselves and Others	Respecting and valuing differences; shared values of communities.
Belonging to a Community	Our responsibilities and ways we can care and show respect for others.
Media, Literacy and Digital Resilience	How the internet is used; assessing information online.
Money and Work	Different jobs and skills; job stereotypes; setting personal goals.
Physical and Mental Wellbeing	Maintaining physical and mental wellbeing, through healthy eating, sleep and keeping clean.
Growing and Changing	Coping with feelings around the changes in our lives.
Keeping and Safe	Risks and hazards; safety in the local environment and unfamiliar places.



Health Relationship and Sex Education

In Key Stage 2, we look at body changes and feelings during puberty; menstruation and human reproduction; sexual intercourse; forced marriage and female genital mutilation (FGM). The purpose of this letter is to inform you of the statutory requirements placed on schools, and what we plan to teach for this topic in PSHE this term. The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and this letter explains more about what Sex Education is, and how you can find out more about this if you wish to.

Relationship, Health and Sex Education is statutory in all primary schools, and it is recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils. In Early Years and Key Stage 1, we learn some of the vocabulary for the external body parts, that we might use if we needed to talk to an adult such as a nurse or a doctor. In Key Stage 2, we build on the themes covered in previous years, looking more closely at body changes as they approach and move through puberty.

In line with our RSHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy <https://fairfieldprimary.co.uk/policies>.

Please refer to our PSHE/RSE policy on our website for further information <https://fairfieldprimary.co.uk/policies>.

We welcome you contacting us if you have any questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact Mrs. Pammenton (PSHE lead).

Yours sincerely

Mrs. Pammenton
PSHE Lead

