

## Nurture Group Overview

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer2
<b>Reception</b>	<p><b>All About Me.</b></p> <ul style="list-style-type: none"> <li>- We are all different.</li> <li>- Every kind of Family.</li> <li>- Likes and Dislikes.</li> <li>- What I want to be when I grow up.</li> </ul>	<p><b>Friendships.</b></p> <ul style="list-style-type: none"> <li>- What makes a good friend?</li> <li>- How to be a good friend.</li> <li>- Our friendship rules.</li> <li>- Why are friendships important?</li> <li>- Make a friendship Bracelet.</li> </ul>	<p><b>Goals and Aspirations.</b></p> <ul style="list-style-type: none"> <li>- What is a target and why do we set them?</li> <li>- Personal goals of our own and others.</li> <li>- Recognising personal skills and talents and their link to specific hobbies.</li> </ul> <p><b>People who help us.</b></p> <ul style="list-style-type: none"> <li>- Who are our trusted Adults?</li> <li>- Our safe people in the community.</li> </ul>	<p><b>Life Processes and living things.</b></p> <ul style="list-style-type: none"> <li>- How do we care for living things?</li> <li>-Understand the needs of all living things.</li> <li>-Showing care and concern for all living things.</li> <li>-Life Cycles (Bean/Butterfly/Frog)</li> </ul> <p><b>Road Safety.</b></p>	<p><b>Healthy Eating.</b></p> <ul style="list-style-type: none"> <li>-Explore different food groups. -</li> <li>Tasting food from different cultures.</li> <li>- Preparing their own snack.</li> <li>-Make pictures with food.</li> <li>-Fruit and vegetable prints.</li> </ul>	<p><b>Changes.</b></p> <ul style="list-style-type: none"> <li>- Understanding change.</li> <li>- Explore the change in seasons.</li> <li>- Explore different feelings surrounding change.</li> <li>- How can we adapt to change?</li> <li>- How can we cope with change?</li> <li>- Respecting rules and routines.</li> <li>- <b>Transition.</b></li> </ul>

