**At Fairfield Primary School we aim to be at the heart of the community and provide links for our children to develop their extracurricular sporting opportunities. Below we have collated a list of local clubs and providers to help expand your child’s sporting opportunities. All clubs listed are happy to be contacted for any questions or queries that you may have enrolling your child in one of their provisions.**

* **Stagecoach Cockermouth*–* Dance and Performing Arts**

**Early Stages**

Day: Saturday

Age: 4-6 years

Time: 2.00-3.30pm or 3.45-5.15pm

Termly Fee: £168 (can be split into instalments)

Venue: Lorton Street Methodist Centre, Lorton Street, Cockermouth CA13 9RH

The Early Stages session is a 90 minute class that is split into half an hour each of singing, dancing and fun drama activities. For this age group the emphasis is all about having a great time and growing in confidence!

**Main Stages**

Day: Saturday

Age: 6-18 years

Time: 2.30-5.30pm

Termly Fee: £336 (siblings half fees apply once both children attend Main Stages - fees can be split into instalments).

Venue: Lorton Street Methodist Centre, Lorton Street, Cockermouth CA13 9RH

Main Stages classes are split in three age appropriate groups, where young people learn new skills in each of the complementary Musical Theatre disciplines of singing, dancing and drama.

We run a positive and nurturing school that provides fun and education in a supportive and creative environment. We strive to teach life skills, to build confidence and to stretch children’s imaginations.

Ofsted registers - can accept Childcare Voucher and Tax Free Childcare payments.

All teachers hold an enhanced DBS.

There is always a member of the team on site who holds a Ofsted approved 2 Day Paediatric First Aid certificate.

* Cheerleading Osprey

Cheerleading sessions by Osprey are available for children 3 to 11 at Fairfield Primary School.  
Classes are as follows;

Teenie-Tiny: EYFS - Mondays 5pm

Tiny Cheer: KS1 - Tuesdays 4pm & 5pm

Mini Cheer: Lower KS2 - Thursdays 5pm

Youth Cheer: Upper KS2 - Mondays 5.30pm

**Plus**

Mini Hiphop: Y2-Y5 - Tuesdays 6pm

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **No need to book, just turn up** | | | | | | | | | | | |
|  | **Who** | | | | **Where** | | **When** | | | **Contact** |  |
| U6 | Reception and Yr 1 | Mixed | Cockermouth RFU | | Sun | | 10am | Steve Stainton | |
| U7 | Yr 2 | Mixed | Cockermouth RFU | | Sun | | 10am | Clopper | |
| U8 | Yr 3 | Mixed | Cockermouth RFU | | Sun | | 10am | Clopper | |
| U9 | Yr 4 | Mixed | Cockermouth RFU | | Sun | | 10am | Owen David | |
| U10 | Yr 5 | Mixed | Cockermouth RFU | | Sun | | 10am | Owen David | |
| U11 | Yr 6 | Boys | Cockermouth RFU | | Sat | | 2pm | Stuart Burke | |
| Girls | Contact club for options | | | | | | |
| U12 | Yr 7 | Boys | Cockermouth RFU | | Sat | | 2pm | Stuart Burke | |
| U13 | Yr 8 | Boys | Cockermouth RFU  Lakes College | | Sun  Wed | | 10am  6pm | Brian Golightly | |
| Yr7 and Yr 8 | Girls | Cockermouth RFU | | Sun  Thurs | | 10.30am  6.30pm | Phil Sutton | |
| U14 (Ospreys) | Yr 9 | Boys | Cockermouth RFU  Keswick RFU | | Sun  Thurs | | 10am  7pm | Richie Black | |
| U15 | Yr 10 | Boys | Cockermouth RFU  Lakes College | | Sun  Wed | | 10am  6pm | Stephen Reed | |
| U15 | Yr 9 and Yr 10 | Girls | Cockermouth RFU | | Sun  Thurs | | 10.30am  6.30pm | Phil Sutton | |
| U16 | Yr 11 | Boys | Cockermouth RFU  Lakes College | | Sun  Wed | | 10am  6pm | Stephen Reed | |
| U17 (Colts) | Yr 12 | Boys | Cockermouth RFU | | Sun | | 10am | Campbell Murray | |
| U18 (Colts) | Yr 13 | Boys | Cockermouth RFU | | Sun | | 10am | Campbell Murray | |
| U18 | Yr 11 – Y13 | Girls | Cockermouth RFU | | Thurs | | 6.30pm | Phil Sutton | |
| [www.cockermouthrfu.com](http://www.cockermouthrfu.com)  [www.facebook.com/cockermouth.rufc/](http://www.facebook.com/cockermouth.rufc/)  cockermouthwasps@gmail.com | | | | | | | | | | | |

* Cockermouth Rugby Club
* **Cockermouth Karate**

Cumbria Karate Academy offers traditional and sport karate tuition to children aged 5 years and upwards.  Karate is a great way to build confidence, increase fitness and make new friends. Our students regularly have the opportunity to attend training provided by the English Karate Federation Regional and National coaches, members of the England Karate Team and take part in competitions all over the Country.

Our Head Instructors are all qualified British Kumite Referees and English Kata Judges, DBS checked and First Aid trained. We have classes in Fairfield Primary School hall on Tuesday evenings at 6.00pm and Saturday mornings at 10.30am

First month of training is free, and to find out more information, message us on Facebook, call or text Gordon on 07801 835589 or email us at [cumbriakarateacademy@gmail.com](mailto:cumbriakarateacademy@gmail.com).

* **Swimming GLL**

Whether your child is a beginner of you are wanting to build their confidence, GLL cater for all levels of ability and will help them progress in the world of water. Payment options are available from £3 and are available to pay monthly or on direct debit.

**School-aged students (5-12 years)**

* Non-swimmer / beginner and unable to swim 25m unaided: Book **Foundation**swimming lessons
* Improver and able to swim 25m: Book **Development** swimming lessons
* Advanced and able to swim 200m+: Book **Academy** swimming lessons

Following customer research and insight from our experience of running the UK’s largest Swim School, we have created a simpler set of classes for Juniors. Our new programme focuses on a set of achievements linked to a set of skills and distances achieved which are natural and progressive milestones for every child to become the best swimmer possible. Below is an outline of our new classes and ability groups under Junior. You'll also find programmes covering [baby swimming](https://www.better.org.uk/what-we-offer/lessons-and-courses/swim-school/baby-parent-swimming), [adult swimming](https://www.better.org.uk/what-we-offer/lessons-and-courses/swim-school/swim-doctor), [Swim Doctor](https://www.better.org.uk/what-we-offer/lessons-and-courses/swim-school/swim-doctor), Disability and 1-2-1 lessons.

**More information can be found on the Better Life website.**

**Still awaiting information from:**

* Cockermouth Cricket Club – Second request sent (via online email)
* Cockermouth Juniors Football Club- Second request sent (via online email)
* Cockermouth Golf Club – Second request sent (outlook email)
* British Gymnastics- Second request sent (outlook email)