



FAIRFIELD PRIMARY SCHOOL

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Dear Parents/ Guardians,

Personal, Social, Health Education, which includes Relationships

At Fairfield Primary School, we use the Discovery Education Health and Relationship Programme as our scheme of work to teach PSHE (Personal, Social and Health Education).

In Year 2, pupils cover the following content across the year:

Families and Close Relationships	The different people in our families and how families vary.
Friendships	Understanding what makes a happy friendship; recognising personal boundaries and safe/unsafe situations.
Safe Relationships	Recognising hurtful behaviour.
Respecting Ourselves and Others	Exploring different strengths and abilities; understanding and challenging stereotypes.
Belonging to a Community	The different communities and groups we belong to and how we help and support one another within these.
Media, Literacy and Digital Resilience	The internet in everyday life; online content and information.
Money and Work	Needs and wants; what money is; looking after money.
Physical and Mental Wellbeing	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help.
Growing and Changing	Exploring how our bodies and needs change as we grow older; aspirations and goal setting.
Keeping and Safe	Ways to stay healthy, including safe and unsafe use of household products and medicines.



Health Relationship and Sex Education

In Key Stage 1, we introduce scientific terminology for body parts, including genitalia, partly for safeguarding reasons and partly to lay the foundations for learning about puberty later on. The purpose of this letter is to inform you of the statutory requirements placed on schools, and what we plan to teach for this topic in PSHE this term. The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and this letter explains more about what Sex Education is, and how you can find out more about this if you wish to.

Relationship, Health and Sex Education is statutory in all primary schools, and it is recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils. In Early Years and Key Stage 1, the focus is on life cycles; valuing our own bodies and learning some vocabulary for the external body parts, that we might use if we needed to talk to an adult such as a nurse or a doctor.

In line with our RSHE policy, teachers will answer any questions from pupils in an age-appropriate and factual way, without personal bias or judgement. Questions will be answered in one of the following ways: by providing an answer to the whole class; by giving an individual answer to a pupil, or, on rare occasions, by contacting parents if we feel the question would be better handled in the home setting. Any questions that give rise to concerns of a safeguarding nature will be handled in line with our published safeguarding policy <https://fairfieldprimary.co.uk/policies>.

Please refer to our PSHE/RSE policy on our website for further information <https://fairfieldprimary.co.uk/policies>.

We welcome you contacting us if you have any questions or comments about the school's approach to this important, statutory area of learning. If you would like to see any of the content of the programme in more detail, please contact Mrs. Pammenton (PSHE lead).

Yours sincerely

Mrs. Pammenton
PSHE Lead

