

Recommended Web links

Subject	Key Stage	Name	Description	Link	Registration
PE	EYFS, Key Stage 1	Cosmic Yoga	Yoga for Children	https://www.youtube.com/user/CosmicKidsYoga	None
PE	All	5 a day fitness	Fun fitness sessions for all children	www.5-a-day.tv	User: FPSca130dx Pass: h3Y6LM4x
PE	All	Joe Wicks	HITT Training 9am start Monday-Friday	https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ	None
PE	KS1 and 2	Premier League Primary Stars	Sport linked with learning	www.plprimarystars.com	Sign in needed
PE	EYFS	Boogie Beebies	Videos that get younger children up and dancing with CBeebies presenters.	https://www.bbc.co.uk/programmes/b006mvs	None
PE	All	NHS	10-minute videos based on Disney films that count towards a child's 60 active minutes per day.	https://www.nhs.uk/10-minute-shake-up/shake-ups	None
PE	K1 and 2	Super Movers	Videos which help children move while they learn. They	https://www.bbc.co.uk/teach/supermovers	None

			support curriculum subjects, including maths and English.		
PE	KS1 and 2	ThisIsPE	Videos delivered by teachers focussing on the curriculum which are accessible on YouTube.	https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/	None
PE	KS1 and KS2	Sport England	Tips, advice and guidance on how to keep or get active in and around your own home	https://www.sportengland.org/stayinworkout	