

# Are YOU Worried?

If you have any worries or concerns for yourself or a friend talk to a trusted adult today:

## In school...

Teachers

Teaching  
Assistants

Midday  
Supervisors

Admin Team

## At home...

Parents

Grandparents

Carers

Step-Mother/  
Step-Father

Aunties/ Uncles

Older Cousins

Older Siblings

Other Relatives

## In the wider school community...

Police Officers

Coaches

Counsellors

Social Workers

