



FAIRFIELD PRIMARY SCHOOL

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Well-being Workshops

Dear parents/carers,

Social and emotional learning to support mental and physical wellbeing is a key component of our curriculum at Fairfield Primary School. It is well-documented that PSHE (Personal, Social and Health Education) has an impact on future academic attainment.

This year, alongside whole class PSHE we are able to include every child in smaller group sessions - 'Well-being Workshops'. During these workshops children will discuss how to look after their physical and mental health, learn about making positive choices and think about their role within the school community.

Pastoral Care at Fairfield also includes Nurture Group as well as one to one support with Mrs Fisher. If you would like to learn more or feel that your child may benefit from additional social, emotional or mental health support please contact your child's class teacher, the Pastoral Lead (Mrs Clarke) or the SENDCo (Mrs Birkett).

Thank you for your continued support for all learning at Fairfield Primary School,

Mrs E. Clarke
Pastoral Lead

