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| Fairholme Primary School**EYFS – Gross Motor Skills** |
| **Children develop their co-ordination, strength, balance, control and range of movement** |
| Progression in LearningNursery to ELG | Provision | Books and Vocabulary |
| **Nursery** |
| * Manoeuvres scooters, trikes, bikes
* Uses large arm/shoulder movements – throwing, painting outside
* Developing range of movements – running, jumping, skipping, hopping
* Chooses right tool and movement for task in hand – spade for digging, crawling under an obstacle
 | Teach specific skills within outside area, nature garden and playground; * walk over low obstacle course, over wooden blocks, planks, balancing and jumping and how to land, different ways to move around the hill and tunnel
* provide large surfaces – walls, ground for large painting with water to develop arm and shoulder movement
* lead movement -play and encourage children to follow
* adult remarks on skills demonstrated when children use the climbing equipment, racing games, ball games – basketball, throwing into a tyre, tennis balls on string from washing line, hula hoops
* provide bikes, scooters, balancing bikes – follow a course, incorporate in role play, develop precision using pedestrian crossings, road signs, parking encouraging manoeuvres and control and changes in speed
* climbing wall
* waving streamers, flags and scarves in windy weather
* building with large wooden blocks and planks

**Enhanced Provision*** Weekly PE sessions basic movements (rolling, crawling, walking, running, jumping, hopping, skipping), Gymnastics, Games, Dance – provision taught by specialist coach

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Coach | Introduction to PEUnit 1(Get set 4 PE) | FundamentalsUnit 1(Get set 4 PE) | GymnasticsUnit 1(Get set 4 PE) | Ball skillsUnit 1(Get set 4 PE) | DanceUnit 1(Get set 4 PE) | GamesUnit 1(Get set 4 PE) |

 | **From Head to Toe** Eric Carle **Rosies Walk** Pat Hutchins **Vocabulary -** bending knees, feet together follow, lead, copy, gallop, slither, bounce, run, skip, hop twist, turn, spin over arm, under arm, aim lift, carry, pull, push |
| **Reception** |
| * Uses and combines a range of movements
* Shows developing strength, co-ordination, balance, agility
* Capable with ball skills – throwing, catching, kicking, passing, batting and aiming
 | Teach and develop skills in outdoor area, nature garden and use of playground; * range of wheeled resources for children to balance, sit or ride on, or pull and push – two-wheeled balance bikes and pedal bikes without stabilisers, wheeled flat boards, wheelbarrows, scooters, trikes and two-person bikes
* encourage energetic activity so children get out of breath daily
* access to a range of ball sizes – tennis balls, ping pong balls, large balls, balloons
* model how to hit balls and introduce games and targets to hit when skills are established
* extend physical capability – climbing higher, running faster, jumping further
* tree stumps and tyres to move and manipulate
* climbing wall and large climbing frame access during lunchtimes
* talk about the importance of exercise to good health and wellbeing
* construction to practise lifting, carrying, pushing, pulling, stacking and climbing

**Enhanced Provision**Twice weekly PE sessions basic movements (rolling, crawling, walking, running, jumping, hopping, skipping), Gymnastics, Games, Dance – provision taught through a mixture of practitioners following Get Set for PE and specialist teachers

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| Coach | FundamentalsUnit 1(Get set 4 PE) | GamesUnit 1 (Get set 4 PE) | Ball skillsUnit 1(Get set 4 PE) | FundamentalsUnit 2(Get set 4 PE) | Ball skillsUnit 2(Get set 4 PE) | GamesUnit 2(Get set 4 PE) |
| CT | Introduction to PEUnit 1(Get set 4 PE) | GymnasticsUnit 1(Get set 4 PE) | DanceUnit 1(Get set 4 PE) | GymnasticsUnit 2(Get set 4 PE) | AthleticsUnit 1(Get set 4 PE) | DanceUnit 2 (Get set 4 PE) |

 | **Vocabulary** - take care, hold safely, look bat, hit, pat, serve, return pass, kick, catch, aim right, left, forwards, backwards quickly, slowly, active, heartbeat, sweat |
| **Early Learning Goal (ELG)****Negotiate space and obstacles safely, with consideration for themselves and others; demonstrate strength, balance and coordination when playing; move energetically, such as running, jumping, dancing, hopping, skipping and climbing** |