Fairholme Primary School Kitchen Dishes and their allergen content Week 3 Autumn 2023-24

Dishes			Y			Flour			MUSTARD				6	
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese & Tomato Pizza		Wheat					Х							
Garlic Bread		Wheat					May Contain					х		
Tomato Soup with bread roll		Wheat (Bread only)												
Celery & Apple Salad	Х			Х										
Oat Flap Jack		Wheat												
Chicken & Tomato Pasta Bake		Wheat					Х							
Tomato Pasta		Wheat												
Fruit Jelly Pot														
Roast Chicken, Potatoes & Gravy														
Vegetable Puff Pastry Square		Wheat												

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Golden Syrup Pancake		Wheat		х			х							
Beef Bolognaise														
spaghetti		Wheat												
Meat Free Spicy Bean Burger		Wheat												
Seasoned Wedges														
Couscous		Wheat												
Fruit Crumble		Wheat											May Contain	
custard							Х							
Battered Cod Portion		Wheat			х		х							
Lentil Curry		May Contain Wheat												
Rice														
Cool Delight Strawberry Ice Cream Tub							X							

Additional Allergen Information

We produce our food in a kitchen where allergens are handled by our staff, and where equipment and utensils are used for multiple menu items, including those containing allergens. While we try to keep things separate, we cannot guarantee any item is allergen free.

We do not use nuts or peanuts in our recipes but cannot guarantee that are food is completely nut or peanut fee.

We are not a nut free school.

01/10/2023



You can find this template, including more information at www.food.gov.uk/allergy-guidance