



London Borough
of Hounslow

Fairholme Primary School

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Headteacher: Mrs G. Harris

Friday 9th October

Dear Parents and Carers,

We are writing to let you know that Fairholme Primary School aims to maintain a nut-free environment to help protect children and adults within our school community who have nut allergies.

For someone with a severe nut allergy, exposure to nuts can cause a serious and potentially life-threatening allergic reaction. We are therefore asking for the support of all our families in helping us to reduce this risk.

What does this mean for families?

Please do not send nuts or products containing nuts into school. This includes items brought in as part of:

- packed lunches
- snacks
- treats
- food for school activities or events
- any other food brought onto the school site

Examples of products that should not be brought into school include, but are not limited to:

- peanuts or other nuts
- peanut butter or other nut butters
- cereal or snack bars containing nuts
- cakes, biscuits or chocolates containing nuts
- spreads or confectionery containing nuts

This is not an exhaustive list. Please do not send any food containing nuts into school. We also tell children not to share or swap food with one another.

We recognise that it is not possible to guarantee that the school will be completely free from nuts or traces of nuts. Our nut-free approach is therefore one part of our wider allergy safety arrangements. Staff will continue to remain vigilant and follow the Individual Healthcare Plans and emergency procedures in place for children with allergies.

Thank you for your understanding and cooperation. By working together, we can help reduce the risk of accidental exposure and keep children with allergies safe; while ensuring they are fully included in school life.

Kind Regards,

Mrs Harris
Headteacher