PSHE/RSE Curriculum Statement
Personal, Social and Health Education, Relationships and Sex Education

Intent



At Fairholme Primary School, PSHE is central to our school vision, values and ethos, underpinning everything that we do; it is the key to enabling our children to develop into the young citizens of the future and equips them with the skills and strategies needed to live healthy, safe and responsible lives and aspire to achieve their very best. Our PSHE curriculum is a fundamental part of our whole-school approach to developing positive behaviour and attitudes, developing social and emotional skills, supporting emotional wellbeing, improving physical health, and tackling bullying. Our school values of **respect**, **responsibility**, **honesty**, **kindness**, **self-belief** and **aspiration** run as a core thread throughout our PSHE curriculum.

Our PSHE curriculum includes RSE and is carefully and coherently designed and planned to meet the needs of our children, with enough flexibility to address other situations and challenges as they arise. We believe in delivering a preventative PSHE curriculum that teaches acceptance, tolerance and empathy, as well as strategies to respond appropriately to bullying, prejudice and discrimination, and skills to stay safe, keep healthy and thrive in modern Britain. Through our PSHE curriculum, our children know how they can support each other, manage their own behaviour and get help for themselves or their friends when they need it. They learn how to uphold British Values and take their place as courteous, responsible citizens in an ever-changing world.

Implementation

Our PSHE curriculum is delivered using The Story Project, a not-for-profit organisation that uses the magic of stories to improve children's wellbeing and literacy. Each year group learns about PSHE through six popular and diverse children's books, one per half term. The lessons are rooted in the very latest research and the education provided to our children is safe, impactful and of high quality. Children learn about all kinds of different topics, for example bullying, online safety, emotions, physical health and lots more. Because these topics are taught using stories, it is much easier for children to understand and talk about how they feel. Learning is more memorable, engaging and fun because it takes place using books.

Strong research shows that stories support children to learn about complex issues and help children to be more empathetic and open to discussion. Stories can also help children to engage with a topic, particularly if it is a character similar to themselves. In addition, using books to learn about PSHE gives children extra opportunities to engage with reading and practice important literacy skills.

Statutory and non-statutory objectives for personal development, health and relationships education in the primary phase are included; in addition, our curriculum covers some age-appropriate sex education concepts and knowledge in Year 6.

Through Personal, Social, Emotional Development children in our Early Years Foundation Stage (EYFS) are supported to build constructive and respectful relationships that allow them to play, learn and develop. As children make friendships, they learn to manage conflicts, express feelings and become independent. Children develop their understanding of rules and routines. They are empowered to envisage themselves as valuable individuals who are aware of what makes them unique.

Our KS1-2 curriculum offers both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. It builds on the skills that pupils start to acquire in EYFS to develop effective relationships, assume greater personal responsibility and manage personal safety, including online.

It supports children to understand and manage physical and emotional changes at puberty, introduces them to a wider world and enables them to make an active contribution to the communities in which they live.

Objectives are revisited and extended throughout a child's time at Fairholme, enabling them to acquire essential personal development and life skills and helping them to understand and value how they fit into and contribute to the world

Our PSHE curriculum is taught through regular, planned lessons each week by class teachers who know their children well and have a good knowledge of the different areas of the PSHE and RSE curriculum. Classes complete their learning in many different ways including the use of drama, circle time and some written activities. Teachers adapt lessons to meet the specific needs of the children in our school. There are always occasions where teachers may also feel it necessary to teach PSHE as a result of an issue arisen in their own class, and our curriculum allows for this flexibility.

British Values and spiritual, moral, social and cultural concepts are explored across our broad and balanced curriculum. PSHE is an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. In addition, special events, key campaigns and themed days/weeks provide opportunities for children to explore topical issues.



Impact

At Fairholme Primary School, children become confident, independent, reflective and responsible members of the ever-changing society around them, and are prepared for life now and in the future; learning and development through our PSHE lessons is also linked to improved academic performance.

We strive to ensure that each child is able to:

- Recognise and apply our core school values (respect, responsibility, honesty, kindness, aspiration and self-belief) and British Values (democracy, tolerance, mutual respect, rule of law and liberty)
- Show respect to themselves and others
- Take responsibility for their actions
- Recognise differences and have an understanding of diversity
- Have an appreciation of what it means to be a positive member of a diverse, multicultural society
- Recognise, understand and manage their own emotions
- Develop and maintain healthy relationships with peers and adults
- Understand who they can rely on and ask for support
- Look after their own mental health and ask for support where necessary
- Explain how they keep themselves healthy, including healthy lifestyle habits
- Explain how to keep themselves and others safe, including online
- Have the courage and ability to try new things, challenge themselves and persevere.
- Demonstrate self-confidence and positive self-esteem.
- Apply learnt skills in real life situations

