





Getting ready for school summer checklist



Here are some ways that you can help your child prepare for school. Please do not worry if they cannot do all of these things, for example, if they struggle to copy or write their name focus on mark making activities and strengthening activities instead (see activity ideas below).

In addition, if your child struggles, for example, using a knife and fork or getting dressed then we will support them at school.

I can...	✓	I can...	✓	I can...	✓
recognise my name		put on my socks or tights		count from 1-10	
write my name		find my shoes		recognise some numbers	
hold my pencil correctly		put on my shoes		recognise numbers on a dice	
draw a face		fasten my shoes		recognise some 2d shapes	
colour in carefully					
name the colours I use					
I can...	✓	I can...	✓	I can...	✓
sing simple rhymes		find my coat		eat with a knife and fork	
sing and clap to a song		put my arms into my coat		pour myself a drink from jug	
enjoy and move to music		zip up my coat			
I can...	✓	I can...	✓	I can...	✓
wash my hands for 20 seconds		take turns when playing		cut along a line	
go to the toilet when I need to		share toys with a friend		cut out a shape	
wipe/ clean myself when I have been to the toilet		use my manners- please and thank you		cut 'snips' into paper	
put a used tissue in the bin					

Fine motor skill activities/ mark making.

- chalk outdoors on patio/ tarmac
- colouring
- painting
- mark making in different materials e.g. foam, sand
- threading
- using scissors
- picking up small objects



Gross motor skill activities

Ways to strengthen muscles e.g. shoulder strength.

- playdough: knead, roll, squeeze, squash
- push against something
- tug of war
- digging
- yoga
- throwing



