



# Boldmere Values Newsletter



This half term's value is **Appreciation**.

## Definition:

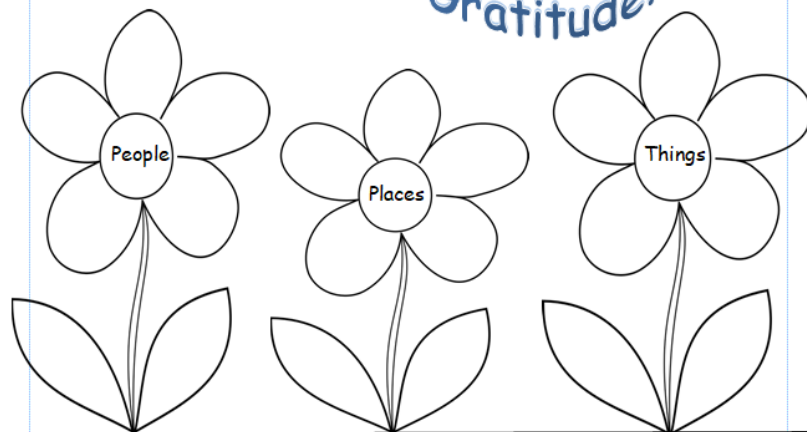
To recognise the good qualities in someone or something.

## Appreciation reflection points:

- Who do you appreciate? Why? What do you appreciate about yourself?
- How do you show appreciation to your family, friends and people who help you?
- What words do we use to show our appreciation?



## Garden of Gratitude!



## Related words and values:

- Caring
- Happiness
- Empathy
- Gratitude
- Thankfulness
- Respect

## At school:

We are starting this half term with a whole school assembly to launch our value of **Appreciation**. We will be thinking about what appreciation means and how we can show appreciation to others each and every day.

## At home:

Think of all the lovely things different people do for you and stop and say thank you, also say why you are thanking them. They will enjoy that you have noticed and will also enjoy feeling appreciated.

**Challenge:** Learn how to say 'thank you' in different languages or create your own Gratitude Garden (see above)

**A story to try:** 'The Giving Tree' by Shel Silverstein

**Appreciation-** "Every child knows how it feels to be appreciated, but it is as important to be able to express appreciation for others"