

Boredom-buster activities! 11.5.20

How many activities can you complete? Try and cross them all off!

Play catch with a ball against the wall.	Ride your bike or scooter.	Play a board game with your family.	Speak to your teacher on the phone.
Have a teddy bears' picnic in the garden and enjoy the sunshine!	Paint/ draw a happy picture and leave it in your window to make people smile when they walk past your house.	Use Lego to make a bar chart to show your family's favourite chocolate bars.	Create a smile/kindness stone and place it somewhere in your neighbourhood for someone to find.
Create a quiz for your family to take part in.	Speak to a friend from school on the phone or on a video chat.	Make up your own dance to a song and perform it to your family.	Learn how to say 'hello' in different languages. How many can you remember?
Make your favourite book character out of things around your home – craft materials, play dough, Lego.	Create your own science experiment you can carry out at home. What could you investigate?	Watch your parents cook a meal. Write down the list of ingredients and the instructions for how to cook the meal.	Create an A-Z of things that you love and appreciate. Can you think of something for each letter of the alphabet?
Write a letter to a family member that you miss. You could tell them what you have been up to and what you are looking forward to when you see them again.	Make a 'thank-you' card for a key worker to show you appreciate them – such as NHS staff, postman, teachers, people who work in supermarkets.	Fold some paper in half and create your own story book for a family member to read. Remember to include a title, front cover, the author and a blurb!	Start a jar of simple wishes – each time you think of something you miss, write it down and pop it in the jar. Once everything is back to normal, you can pick your wishes out and complete them!