



Boldmere Values Newsletter

This half term's value is **Honesty**.



March 2022

Definition:

When we are truthful to ourselves and others.

People who show honesty:

- Tell the truth
- Explain what really happened
- Feel clear on the inside

People who show honesty realise:

- Telling the truth is for the best
- Sometimes you have to be brave to tell the truth
- People may not always be happy hearing the truth

People show honesty by:

- Telling the truth
- Saying what really happened
- Staying true to themselves



Related words and values:

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| fairness | trustworthy |
| truth | faithfulness |
| morality | loyalty |
| integrity | honour |

At school:

As with our other values, we want children to think about the choices they make; when do we find it difficult to be honest and tell the truth? How do they feel when someone lies to them? What stories do they choose to tell to others? How can actions as well as words be honest or dishonest? **At school we will be focussing on the importance of being honest with ourselves as well as with others. We will think about how being honest with others inspires trust and respect from them. It may bring rewards and benefits that may not always be obvious at first.**

At home:

We hope you will continue the discussions to build on these thoughts. For example, you may talk about what it means to be honest, or talk about what can happen if the truth is covered up. How do we feel when others cheat when playing a game? Perhaps hold a "Family Games Night." **When playing games, talk about the importance of honesty and the negative effects of cheating. By playing games, you will encourage honesty, as well as good sportsmanship.**

Thank a friend or family member for being honest.

Draw a picture of someone or something that is either honest or dishonest, then dictate a sentence to go with the picture.

Honestly discuss your real feelings without anger, exaggeration or blaming others.

Share newspaper and magazine articles which encourage honesty. Sharing true stories about honest deeds helps children understand the importance of being honest in everyday life.

