



Boldmere Values Newsletter



Kindness

November 2023

Definition:

Kindness is when we are friendly,



Related words or phrases:

Compassion, caring, sharing, family,

Kindness looks like:

- Offering to help.
- Thinking of the other person before yourself.
- Looking out for or supporting others.

Kindness sounds like:

- Saying "Would you like to use it first?"
- Saying "What can I do to make you



Acts of kindness to try:

- Hold a door open.
- Thank a school cleaner.
- Read or tell a story to someone.
- Give someone a smile!
- Include someone in your game.
- Tell someone that you enjoyed a meal they have cooked for you.

School:

We are starting this half term with an assembly to launch our value of **kindness**. We are thinking about what kindness means and how we can show kindness towards others every day. Acts of kindness do not need to cost anything, but they can benefit both the receivers as well as the givers. We will be thinking of others in our wider community this term, supporting **Children In Need** and *Sutton Rose Care Home* by joining them for some Christmas carols and hopefully they will come and watch our Christmas production. We will be looking out for random any **random acts of kindness** at school and home.

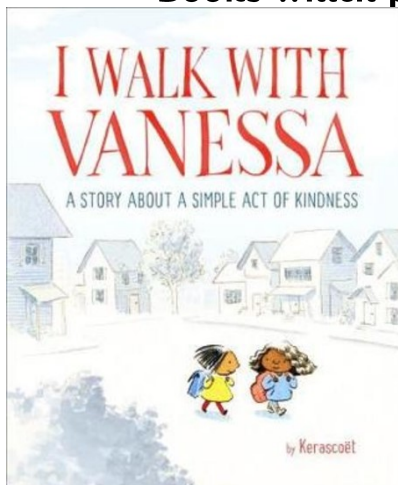
Home:

At home, look out for when people are kind to others or the environment. Why not show someone that you appreciate them, or share your time with a friend or family member?

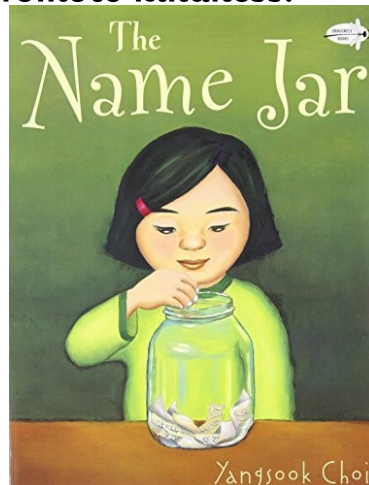
Books which promote kindness:



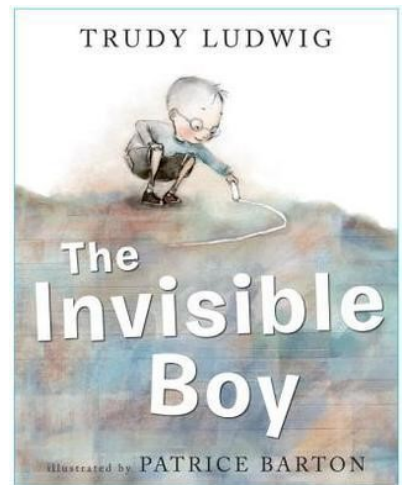
Wonder- R J Palacio



I Walk with Vanessa: A wordless story about a simple act of Kindness- Kerascoët



The Name Jar- Yangsook Choi



The Invisible Boy- Trudy Ludwig

No act of kindness,
no matter how small,
is ever wasted.
- Aesop