



Trauma Informed Attachment Aware School

Dear parents and carers,

We are excited to inform you that Boldmere Federation (Infant and Nursery School, Junior School and Resource Based Unit) are in the process of working towards a 'Trauma Informed Attachment Aware School' (TIAAS) accreditation.

This accreditation supports schools to better understand how children's experiences can affect their emotions, behaviour, relationships and learning. Our aim is to strengthen our whole-school approach so that every child at Boldmere Federation feels safe, understood and supported to thrive.

What is TIAAS?

TIAAS is a whole school development programme which is part funded by the Virtual School in Birmingham and delivered by Birmingham Educational Psychology Service. Birmingham Educational Psychology service supports the programme because in addition to supporting vulnerable pupils, we are aware that relational practice at whole school level supports the development and mental health of all pupils. Relational Practice is a way of working which prioritises the development and maintenance of positive relationships which provide connection and belonging.

The TIAAS approach is built around several principles, please see the diagram below.

These principles are the golden thread which run through the training and development work within the TIAAS programme. We introduce them in the training however we know that it is helpful to return to them and again and again as your journey progresses.



The accreditation process and what this will mean for our school?

Over the coming months all staff will take part in training and professional development to strengthen understanding of attachment and trauma-informed practice. Training began in September during the inset days with the Educational Psychology team and we are currently in the process of reviewing our policies, behaviour systems and support strategies to ensure they reflect these principles.

This approach will not change our high expectations for behaviour and learning. Instead we wish for it to strengthen how we support children to meet those expectations. It helps us respond thoughtfully and consistently, particularly when children are struggling.

We believe that this work will further enhance our caring ethos and inclusive culture that we strive for. By embedding trauma-informed attachment aware practice, we aim to create an environment where every child feels valued, respected and ready to learn.

We look forward to keeping you updated with our accreditation journey, if you have any questions or you would like to find out more please do not hesitate to contact either Mrs Mason at the Infant school or Mrs Welch at the Junior school.

Here is a link to our recent Safe and Well newsletter which shares further information about the Zones of regulation, which is one aspect of our TIAAS approach across the school.

<https://sway.cloud.microsoft/0aDfaD4E91xO6XsV?ref=email>

Thank you for your continued support.

The TIAAS Team