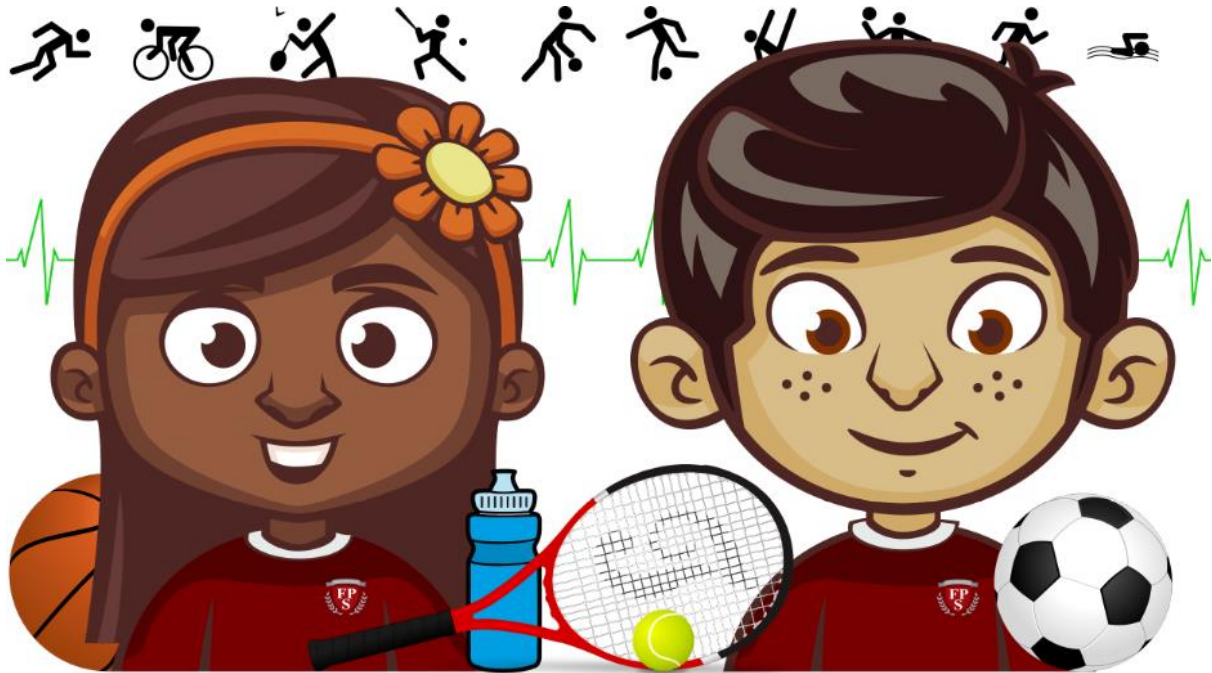




PE



Our PE curriculum aims to deliver a curriculum which is accessible to all and that will maximise the development of every child's ability and academic achievement. At Ferndale Primary School we recognise the importance of PE as it gives chances to our children to be creative, cooperative and competitive and to face up to diverse challenges both as individuals and in groups. Our aim is for our children to be competent and confident movers in a wide range of activities and games, including swimming. We aim to give children the opportunity to participate in competitive situations, developing tactical thinking and understanding of sportsmanship. We want them to be able to communicate, collaborate and evaluate their successes or losses, so they understand how to improve.

We aim to:

- o Increase and develop their basic fundamental movement skills.
- o Increase their understanding of the importance of an effective warm up and cool down.
- o Increase their understanding of the importance of living an active and healthy life style.
- o Develop, use and apply their skills in a variety of different contexts.
- o Develop their understanding of 'Physical Literacy'
- o Develop an understanding of why and how to differentiate a skill/activity effectively.

Intent

Inspiration: We want our children to be inspired to have values and life skills such as teamwork, cooperation, communication, problem solving, respect, leadership skills, fairness and resilience through promoting healthy lifestyles.

Aspiration: PE enables the children to express themselves creatively, cooperatively and competitively.

Inclusion: For all of our children to have a love of PE. The curriculum is designed so that all children are able to access the skills and activities within the PE lessons.

Implementation

What we cover?

- A clear yearly overview to be used which outlines areas of the curriculum to be covered as well as the basic skills needed to be taught to ensure a broad and balanced curriculum is being delivered for all.
- A progression and age related document which includes, invasion games, net and wall games, striking and fielding games, gymnastics, dance and swimming.

How is it covered?

- An ambitious long term plan builds on previous learnt fundamental skills and provides opportunities to apply these skills within a variety of contexts (e.g. transfer of skills across different invasion games)
 - Learning reviews previous skills before new skills are practiced, developed and applied in context.
 - Skills are developed sequentially and built upon throughout the year groups.
- Children access resources to acquire learning through equipment, digital technology, practical experiences and rich vocabulary.

Impact

- Children understand how to lead an active, happy and healthy lifestyle.
- To motivate the children to participate in a variety of sports, which are engaging and fun
- To be confident and competent in a range of activities.
- To be a critical thinker and problem solver.
- To be able to make a series of decisions in a variety of contexts.
- To be a good leader.
- To be able to work as part of a team.
- To be able to link and apply the physical, social, mental and emotions skills they have learnt to a variety of situation both in P.E. and outside of P.E.
- To be able to evaluate their own and other's performance, understanding how and what they need to do to improve.
- The large majority of children will achieve age related expectations in PE.
- By the end of their time at Ferndale we want children to know more, remember more and do more.