

PHSE / RSE



At Ferndale, Relationship and Health Education is taught within a broader, carefully planned Personal, Social, Health and Relationship Education curriculum (PSHE) and is linked within our school values and learning 9. It aims to gradually and appropriately prepare our children for adult life by ensuring the development of the personal skills needed to if they are to establish and maintain relationships both now and in the future using our environment to support this. We aim for all of our children to have the skills and knowledge to make safe and well-informed choices by creating solid building blocks for the next step of their education and beyond, with the focus of well-being of everyone at the heart. We achieve this by using a range of resources such as healthy minds, happy me, COJO, and our own Ferndale 50. We also have strong stakeholder partnerships who have steered our diversity group.

Intent

<u>Inspiration:</u> For our children to be inspired to be a global citizen now and in their future roles within a global community. To deliver a PSHE curriculum that incorporates the understanding of RSE and equality so our children will know how to be safe and to understand and develop healthy relationships both now and in their future lives.

Aspiration: For our curriculum to promote the spiritual, moral, cultural, mental and physical development of pupils and prepares them for the opportunities and responsibilities and experiences for later life. To build effective citizens through teaching about positive relationships, keeping safe, behavioural norms and setting aspirational goals

Inclusion: For all of our children to experience and actively participate in PSHE / RSE lessons regardless of their background.

Implementation

What we cover?

- Teachers are supported by a clear and comprehensive sequenced scheme of work (healthy minds happy me) that offers ideas and resources in line with the National Curriculum.
 - RSE curriculum statements

How is it covered?

- Teaching builds and reviews previous learning, before new learning is taught and extended.
 - PHSE / RSE lessons
 - Assemblies
 - Visitors and talks
 - Ferndale 50
 - Learning 9

Impact

- For all children to have a ready willingness and ability to try new things, push themselves and persevere.
- For our children to have a good understanding of how to stay safe, healthy and develop good relationships.
- For our children to have an appreciation of what it means to be a positive member of a diverse, multicultural society.
 - For our children to have a strong self-awareness, interlinked with compassion of others.