

Long term plan 23-24  
Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	<p>Friendships - identify positive characteristics of what makes a good friend and the importance of forgiveness.</p> <p>Careers - explore bias linked to career choices and demonstrate knowledge of career skillsets.</p> <p>Playtime - interpret the meaning of gender neutral.</p>		<p>Belonging - understanding what makes a good school and identifying important figures in their lives and how these figures can offer different things.</p> <p>Families - identify and understand the roles in a family.</p> <p>Different kinds of strong - explore the concept of strength</p> <p>Nurse visit - puberty</p>		<p>My wider world - exploring the idea of gratitude as a reward and begin to explore cultural connectedness.</p> <p>The me inside - recognising how affirmations can affect us positively.</p> <p>What is a leader - indentifying and understanding the role of an effective leader.</p> <p>Feelings - to use affirming statements to improve self esteem.</p>	

