

Long term plan 23-24

Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PSHE	<p>All about me - build on knowledge of emotions and apply them to real life situations and expressing emotions in a safe and healthy way,</p> <p>When I grow up - recognising personal qualities and describe the steps and challenges towards achieving a goal.</p> <p>Playtime - discuss and reflect upon existing stereotypes.</p>		<p>Resilience and coping - understanding what it means to be in the moment and that it is ok to change your mind.</p> <p>Families - understanding that there are different kinds of families.</p> <p>Different kinds of strong - exploring the concept of strength.</p> <p>Consent - knowing that we have the right to decide what happens to our bodies.</p>		<p>Being the best I can be - identifying characteristics for role models and recognising our own abilities and skills.</p> <p>The me inside - understanding where the pressure to look a certain way comes from.</p> <p>What is a leader - identifying and understanding the significant traits of a leader.</p> <p>Feelings - sharing how to address worries.</p> <p>Police RIA talk.</p>	

		Nurse visit - emotional health and transition	
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