

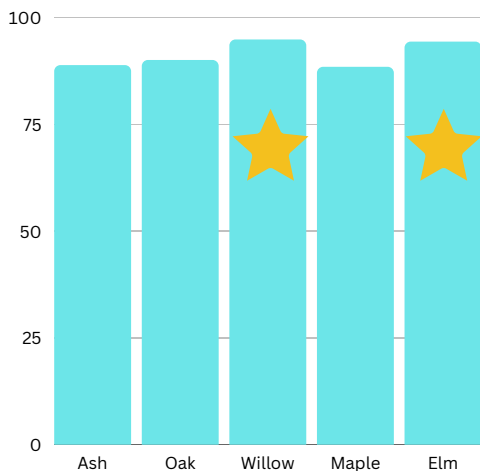
Friday 17th March 2023



# Newsletter



## Attendance



The whole school attendance for this week is 91.5%, with Willow and Elm having 94.8% attendance this week.

## Highlights

- We raised £194 for Comic Relief from pyjama day and a bake sale today, with more donations to come in. Thank you for all the fabulous donations of cakes and biscuits.
- The KS2 athletics team competed in the Wyre Small School's Final at Blackpool Sports Centre this week, against teams from across Lancashire. They did very well coming 8th overall.
- The outstanding pieces of homework have started to appear this week. I am looking forward to seeing more over the next 2 weeks! I particularly enjoyed seeing Ethan Broome's model of a castle and Felicity Glendinning's wormery.



## Releasing pupils with other parents

Please can you make sure you let us know if you have arranged for another parent to collect your child/children from school? Staff will not release any children to other adults unless we have been informed in advance.

You can read our Drop-Off/Collection Policy on the website.

## Pre-School for September

If you have a child who is due to come to pre-school next year between September and December, please can you complete the pre-school application form and let us know which sessions you would like to book? Places are filling up and we will be allocating sessions next term. If you know any friends or neighbours who have pre-school aged children, please could you pass this message on?

## Disabled Parking

We have three families in school who have been given permission to park on the drive for drop-off/collection due to parents having medical or mobility issues. Please can you ensure that you are not standing in the disabled parking spot (in front of the main gate) at the start or end of the day. All parents need to wait on the junior playground for collection or on the drive in front of reception for extra-curricular club pick-up.

## Assessment Week

Next week, all pupils from Year 1 to Year 6 will be completing end of term assessments. You will receive an attainment report in the final week to inform you about your child's progress this term.

We know there are still bugs around but where possible, please try to ensure children are in school.

## Red Nose Day donations

Please make all remaining donations for Red Nose Day through this link - <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=10148>

## Intervention Club

Please note there will be no intervention club for any pupils on Tuesday 28th March due to staff training. Please collect pupils as normal at 3:30pm.

## Easter Service

Our Easter Service will be at St. Oswald's Church on Thursday 30th March at 9am. Pupils from Reception to Year 6 should be dropped off at church between 8:45-8:55am. Any pupils in Breakfast Club will be walked down to church with staff at 8:30am. Parents are welcome to come to the service which will be led by Father Peter. Each class will be doing a short Easter presentation. We will walk back to school after the service.

## Homework

Please encourage your child to complete some of their homework tasks. Teachers will be collecting books in during the last week of term to share tasks and award dojo points. We are aiming for 100% of pupils to complete at least one task!

# Attendance

Our whole school attendance figure is currently just below the national average for primary schools. We know that there have been numerous bugs going around that have kept children off school recently but hopefully this will improve as we move into spring. Please try to ensure your child is in school as much as possible to help improve their overall attendance. If they are feeling a little off colour in the morning, they can often be feeling much better by mid-morning. If a child is really unwell, we would contact you to come and collect them.

I will be sending letters out to parents of pupils whose attendance falls below the 90% threshold. If we can help you improve your child's attendance, please contact school so we can work together.



**PREESALL AND KNOTT END GALA**

## Family Night Fundraiser

Glitter Tattoo's  
Face Painting  
Food available to purchase

\*\* Donations needed for Tombola/raffle please contact Vicky Schmierer on Facebook or 07568585149 \*\*

Chocolate Tombola  
Raffle  
Games

Raffle Tickets - 5 tickets for £1  
Kids DJ • Children's Games • Kitchen open  
• Entry £3 per group

**14th April 2023** | **6:30pm till 10:30pm** | **Knott End Social Club, Salisbury Avenue**

All funds go towards the gala so come along and join in our fun, can't wait to see you all!



Here are the fun packed activities planned for next week in the Woodland Den.

Please book on via ParentPay - sessions run until 4:30pm (half session) or 5:30pm (full session), and all children are provided with a drink and a snack. Booking closes 48 in advance online, but contact the office if you need a last minute place in the afterschool club.

Date	Activity	Snack
20/03/23	Junk Modelling	Rice Cakes
21/03/23	Board Games and Imaginative Play	Variety of Nibbles
22/03/23	I-pads and Lego	Crackers (choice of spreads)
23/03/23	Biscuit Decorating	Biscuit Creations
24/03/23	Kids Choice	Various Snacks



## Dates for your diary

**Sunday 19/3/23** - Mothering Sunday Service at St Oswald's Church 10:30am

**Friday 24/3/23** - Netball fixture away vs Carter's Charity School 3:40pm

**Thursday 30/3/23** - Easter Service - St Oswald's Church 9am

**Friday 31/3/23** - School closes for Easter holiday 1:30pm

**Monday 17/4/23** - School reopens

**Monday 1/5/23** - Bank holiday (school closed)

**Monday 8/5/23** - Bank holiday (school closed)

**Tuesday 9/5/23 - Friday 12/5/23** - Year 6 SATS

**Tuesday 23/5/23** - Sports' Day (date tbc)

**Thursday 25/5/23** - School closes for half term

## Lunches

Please complete the lunch form for ALL pupils in school  
<https://forms.office.com/r/exTQMJtNLL>

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

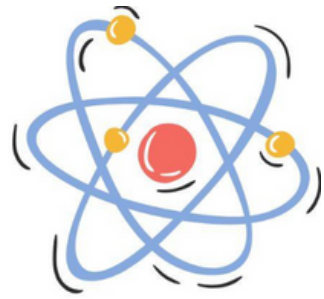
## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**NOS** National Online Safety®  
#WakeUpWednesday

FRIENDS OF  
KNOTT END  
LIBRARY



Celebrating British  
Science Week  
Saturday 18th March  
10am - 12pm  
Lots of fun and  
experiments!



**EASTER**  
**Chocolate**  
**Bingo**  
**Fundraiser**

All proceeds go towards the community fundraiser to place a set of binoculars at Clarence Avenue; <https://gofund.me/12ea5e7c>

**Raffle • Bar Open • Tombola**

**4<sup>th</sup> April 2023**

Doors open 6pm – eyes  
down 6:30pm

**Knott End Social  
Club, Salisbury  
Avenue**

**> £1 entry per family, children welcome <**

# EASTER SPORTS CAMPS

(MONDAY 3rd APRIL - THURSDAY 6th APRIL)  
(TUESDAY 11th APRIL - FRIDAY 14th APRIL)



## Carleton Green Primary (FY6 7TF)

**FULL DAY (£14.00 PER DAY):**

**TIME: 09:00-16:30**

## Shakespeare Primary (FY7 7LL)

**FULL DAY (£12.50 PER DAY):**

**TIME: 09:00-16:30**

## Fleetwood's Charity School (FY6 0NN)

**FULL DAY (£12.50 PER DAY):**

**TIME: 09:00-16:30**

## Poolfoot Farm (FY5 4HX)

**FULL DAY (£12.50 PER DAY):**

**TIME: 09:00-16:00**

**Ages: 5-12 years**

**(4 year olds are eligible for half days  
AM or PM at half the price!)**

- Multisports, Games & Activities
- Fun Competitions Every Day
- Weekly Prizes
- Daily Themed Sessions

**BOOK HERE >**  
OR SEE WEBSITE BELOW



**TO BOOK YOUR PLACE VISIT: [FTCT.EZFACILITY.COM](http://FTCT.EZFACILITY.COM)  
FOR ANY INFORMATION CONTACT: [COMMUNITY@FLEETWOODTOWNFC.COM](mailto:COMMUNITY@FLEETWOODTOWNFC.COM)  
OR CALL: 01253 208 442**