

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Crispy Crumb Vegetable Burger in a Bun served with Salad (GLUTEN, SESAME, EGG)	Cottage Pie served with Gravy (SO2)	Roast Chicken, Yorkshire Pudding served with Roast Potatoes and Gravy (GLUTEN, MUSTARD, SOYA MILK, EGG, SO2)	BBQ Chicken served with Rice (GLUTEN, FISH, MUSTARD)	Traditional Fish Cake Or Salmon Fish Cake served with Chips. (FISH, GLUTEN)
Vegetarian Main Course	Macaroni Cheese served with Garlic Bread (GLUTEN, MUSTARD, SOYA, MILK)	Vegetable Spaghetti Bolognese (GLUTEN, MUSTARD, SOYA)	Quorn Sausage served with Yorkshire Pudding, roast Potatoes and Gravy (GLUTEN, MILK, EGGS, SO2)	BBQ Roast Vegetable Wrap served with Rice (GLUTEN, FISH, MUSTARD)	Cheesy Sweetcorn Fritters served with Chips. (EGGS, SOYA, GLUTEN, MILK)
Vegetables	Peas & Sweetcorn	Cabbage & Diced Carrots	Broccoli & Diced Carrots	Swede & Green Beans	Peas & Baked Beans
Dessert	Chocolate Flapjack Or Fruit Pot (GLUTEN)	Apple, Toffee, Biscuit & Cream Layer Or Fruit Pot (GLUTEN, MILK)	Ice Cream Or Fruit Boat (MILK)	Jam Sponge & Custard Or Fruit Pot (GLUTEN, EGG, MILK)	Jelly Or Fruit boat (MILK, GLUTEN)
Selector 1	Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)** Cheese & Crackers, **(Gluten, Milk)** Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pizza Wrap served with Wedges (GLUTEN, MILK)	Baked Chicken Sausages in a Rich Onion Gravy served with Creamed Mashed Potato (GLUTEN, SO2, SOYA, CELERY, EGG, MILK, MUSTARD)	Roast Chicken and stuffing served with Roast Potatoes and Gravy (GLUTEN, SO2)	Cheese Pizza Served with Seasoned Diced Potatoes (CELERY, GLUTEN, EGGS, MILK, SOYA)	Fish Fingers and Chips (FISH, GLUTEN)
Vegetarian Main Course	Vegetable Fajitas with Wedges (GLUTEN, MILK)	Meatless Meatballs in a Rich Onion Gravy served with Creamed Mashed Potato (SO2, GLUTEN, SOYA)	Quorn Sausages served with Roast Potatoes and Gravy (SO2, GLUTEN)	Vegetable Pasta Bake (CELERY, GLUTEN, MILK)	Vegetarian Vegetable Fingers and Chips (GLUTEN)
Vegetables	Sweetcorn & Broccoli	Kale & Diced Carrots	Cabbage & Broccoli	Kale & Sweetcorn	Baked Beans & Sweetcorn
Dessert	Hot Chocolate Fudge Cake and Custard Or Fruit Pot (GLUTEN, EGGS, MILK)	Beetroot Brownie Or Fruit Boat (GLUTEN, MILK, SOYA)	Jam Roly Poly and Custard Or Fruit Pot (GLUTEN, MILK)	Strawberry Jelly with Mandarins Or Fruit Boat	Cinnamon Whirl Or Fruit Pot (GLUTEN)
Pasta Kitchen	Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)**
Cheese & Crackers, **(Gluten, Milk)**
Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese with Homemade Garlic Bread (MILK, SOYA, EGG, GLUTEN, MUSTARD)	Chicken Curry served with Rice (CELERY)	Roast Turkey with Mashed Potatoes and Gravy (S02)	Spaghetti Bolognaise (GLUTEN, MUSTARD, SOYA)	Gluten Free Fish Fillet with Chips (FISH)
Vegetarian Main Course	Cheese Omelette with Salad and Coleslaw (EGGS, MILK)	Garlic Bread topped Quorn Mince (GLUTEN, EGG, MILK, SOYA)	Vegetarian Sausage with Mashed Potato and Gravy (GLUTEN, MILK, S02)	Cheese and Onion Pie with New Potatoes (GLUTEN, EGG, MILK, SOYA)	Cheese Whirl with Chips (GLUTEN, EGG, MILK, S02)
Vegetables	Sweetcorn & Peas	Baked Beans & Diced Carrots	Broccoli & Cauliflower	Diced Carrots & Sweetcorn	Baked Bean & Peas
Dessert	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, MILK, S02, SOYA) Or Fruit Pot	Strawberry Jelly Or Fruit Boat	Ice Cream (MILK) Or Fruit Pot	Cornflake Buns (GLUTEN) Or Fruit Boat	Cherry Flapjack (GLUTEN, S02) Or Fruit Pot
Pasta Kitchen	Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)		Pasta Kitchen (GLUTEN)

Fresh Baked Jacket Potato with Choice of fillings
Cheese, **(Milk)** Tuna, **(Eggs, Fish)** Beans available daily

Selection of freshly made sandwiches on a choice of breads available daily
(Gluten, Soya, Fish, Milk)

Fresh Bread, **(Gluten, Soya)**
Cheese & Crackers
Salad Selection, Fresh Fruit and Yoghurts **(Gluten, Milk)** available daily

