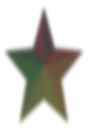
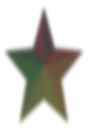
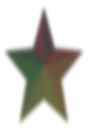
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| **WEEK 1** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Vegetable Fingers served with Baby Potatoes  (Gluten) | Cottage Pie served with Gravy  (Milk, So2) | Roast Chicken, Stuffing and Roast Potatoes served with Gravy  (Gluten, So2) | Homemade Turkey Kebab and Garlic Mayo, Served with Side Salad  (Gluten, Eggs, Mustard) | Traditional Fish Cake or Salmon Fish Cake served with Chips  (Gluten, Fish) |
| **Vegetarian Main Course** | Cheese and Tomato Baguette Pizza served with Baby Potatoes  (Celery, Gluten, Milk, Sesame Seeds) | Vegetable Curry served with Rainbow Rice  (Celery, Gluten, Eggs, Milk, Mustard, Soya) | Vegetarian Sausage, Roast Potatoes served with Gravy  (Gluten, So2) | Winter Vegetable Crumble  (Gluten, Milk) | Vegetarian Burger served with Chips  (Gluten, Eggs, Milk, Sesame Seeds) |
| **Vegetables** | Peas  &  Sweetcorn | Savoy Cabbage  &  Mashed Swede | Broccoli  &  Baton Carrots | Sweetcorn  &  Peas | Garden Peas  &  Baked Beans |
| **Dessert** | Apple & Oat Cookie  (Gluten, Eggs)  Or  Fruit Pot | Jam Sponge and Custard  (Gluten, Eggs, Milk, So2)  Or  Fruit Kebabs | Chocolate Crispy Cake  (Gluten)  Or  Fruit Boat | Gainsborough Tart  (Eggs, Milk, So2,Gluten)  Or  Fruit Pot | Golden Ginger Oat Biscuit  (Gluten, Eggs, Milk)  Or  Fruit boat |
|  | Fresh Baked Jacket Potato with  Choice of fillings  Cheese (Milk) Tuna (Eggs, Fish) Beans  available daily |  | Selection of freshly made,  sandwiches on a choice of  breads (Wheat, Soya)  available daily |  | Fresh Bread (Wheat, Soya)  Cheese & Crackers (Milk, Gluten)  Salad Selection, Fresh Fruit and  Yoghurts (Milk)  available daily |



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| **WEEK 2** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Macaroni Cheese  (Gluten, Milk) | Homemade Chicken Curry with 50/50 Rice  (Celery, Mustard) | Roast Turkey served with Mash Potato and Rich Gravy  (Milk, S02) | Chicken and Vegetable Pie with Mash Potato and Gravy  (Celery, Gluten Milk, So2) | Gluten Free Fish Served with Chips and a Sliced of Lemon  (Fish) |
| **Vegetarian Main Course** | Meatless Meatball in a Tomato Sauce and Spaghetti  (Gluten, Eggs, Milk, Mustard) | Winter Vegetable Soup with Crusty Roll  (Celery, Gluten, Sesame Seeds) | Vegetarian Fillet with Mash Potato and Rich Gravy  (Milk, Eggs, So2) | Vegetarian Sausage served in a Yorkshire Pudding with Mash Potato and Gravy  (Gluten, Eggs, Milk, So2) | Lightly Spiced Burger Served with Salad and  Chips  (Celery, Gluten, Milk, Sesame Seeds, So2) |
| **Vegetables** | Carrot rings  &  Peas | Sweetcorn  &  Green Beans | Broccoli  &  Swede | Peas  &  Baton Carrots | Garden Peas  &  Beans |
| **Dessert** | Marble Sponge and Custard  (Gluten, Eggs, Milk)  Or  Fruit Pot | Carrot Cake  (Gluten, Eggs)  Or  Fruit Kebabs | Fruity Flapjack  (Gluten)  Or  Fruit Boat | Jam and Custard Puff Pastry Tart and Custard  (Gluten, Eggs, Milk)  Or  Fruit Pots | Chocolate Crinkle Biscuit  (Gluten, Eggs)  Or  Fruit Boat |
|  | Fresh Baked Jacket Potato with  Choice of fillings  Cheese (Milk) Tuna (Eggs, Fish), Beans  available daily |  | Selection of freshly made,  sandwiches on a choice of  breads (Wheat, Soya)  available daily |  | Fresh Bread (Wheat, Soya)  Cheese & Crackers (Milk, Gluten)  Salad Selection, Fresh Fruit and  Yoghurts (Milk)  available daily |



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| **WEEK 3** | **GREEN MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **Main Meal** | Homemade Margarita Pizza served with Green Salad  (Celery, Gluten, Eggs, Milk, Soya) | Sweet and Sour Turkey served with 50/50 Rice  (Gluten) | Roast Chicken, Roasted Baby Potatoes served with Rich Gravy  (Gluten, Eggs, Milk, So2) | Mince and Onion Pie Served with Mash Potato  (Gluten, Milk, So2) | Jumbo Fish Fingers served with Chips  (Gluten, Fish, Milk, Mustard) |
| **Vegetarian Main Course** | Meatless Burger served with Potato wedges and Salad  (Gluten, Mustard, Sesame Seeds,) | Singapore Vegetable Noodles  (Gluten, Eggs, Mustard, Soya) | Vegetarian Fillet served with Roast Potatoes and Gravy  (Gluten, Eggs, Milk, So2) | Tomato and Basil Conchiglie Pasta served with Garlic Bread  (Gluten, Milk, Soya) | Vegetarian Hotdog served with Chips  (Gluten, Sesame Seeds) |
| **Vegetables** | Baked Beans  &  Peas | Sweetcorn  &  Green Beans | Cauliflower  &  Diced Carrot | Mashed Swede  &  Savoy Cabbage | Garden Peas  &  Baked Beans |
| **Dessert** | Homemade Ginger Sponge served with Cream  (Gluten, Eggs, Milk)  Or  Fruit Pot | Raspberry Bun  (Gluten, Eggs, Milk, So2)  Or  Fruit Kebab | Cherry Shortbread  (Gluten, So2)  Or  Fruit Boat | Rice Pudding served with Fruit Compote  (Milk, So2)  Or  Fruit Pot | Cornflake Tart served with Custard  (Gluten, Milk, Soya)  Or  Fruit Boat |
|  | Fresh Baked Jacket Potato with  Choice of fillings  Cheese (Milk) Tuna (Eggs, Fish) Beans  available daily |  | Selection of freshly made,  sandwiches on a choice of  bread (Wheat, Soya)  available daily |  | Fresh Bread (Wheat, Soya)  Cheese & Crackers (Milk, Gluten)  Salad Selection, Fresh Fruit and  Yoghurts (Milk)  available daily |

