



Dear Parents, Carers and pupils,

Over the past couple of weeks, we had a visit from junior parkrun! The volunteers from Hyde junior parkrun spoke to the children in assembly about junior parkrun, the benefits in taking part and got everyone involved in some fun practical activities (even us teachers).

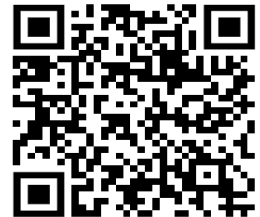
junior parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. junior parkrun is 2k, dedicated to 4-14 year olds and their families and friends of all ages, every Sunday morning, with a really fun warm up starting at 9am. junior parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last. Everyone is welcome to come along!

Excitingly, we are encouraging all students, teachers and families connected to Flowery Field to come along together to Hyde junior parkrun on Sunday 8th December. It will be an amazing experience to walk, jog, run or volunteer with so many friends at junior parkrun.

You can register for parkrun for free here - www.parkrun.org.uk/register/ or scan the QR code below.

Here are details of the event:

- Address: Hyde Park, Park Road, Tameside, SK14 2LN
- Every Sunday, at 9am, arrive at 8:55am for the fun warm up.
- Meet at the bandstand.
- If you are interested in volunteering, please email the event team on hydejuniors@parkrun.com, it is great fun and a lovely way to meet new people.



If you can't attend this week, junior parkrun happens every Sunday so you can come any Sunday you are available.

Finally you can join the school parkrun group! As a school community, the 'Flowery Runners' is aiming to complete junior parkruns or 5k parkruns by the end of the school year! Once you have registered, joining the Group is easy:

1. Log back into your profile
2. Search for the group 'Flowery Runners'
3. When the group appears, select it and click join

We hope to see as many of you as possible on Sunday.

Thanks,

Mr P Smith (Vice Principal)

