

**Flowery Field Primary School**

PSHE Curriculum Overview

2022-23

Year	Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
<b>N</b>	Feelings	Recognising similarities and differences.  Caring for others	Asking for help  Staying safe at home.  Staying safe around medicines.	Taking care	Making healthy choices  Being persistent	Seasons  Growing up
<b>R</b>	Feelings  Getting help	Recognising and respecting difference.  Being kind and caring	Asking for help  Keeping healthy  Staying safe around medicines	Taking care  Making choices	Making healthy choices  Being persistent	Life cycles  Girls and boys
<b>1</b>	Feelings  Getting help  Classroom rules	Recognising, valuing and celebrating difference  Developing tolerance	How our feelings can keep us safe  Keeping healthy  Medicine safety	Looking after things	Keeping healthy  Growth Mindset	Getting help  Becoming independent  Body parts
<b>2</b>	Feelings/self-regulation  Being a good friend  Bullying and teasing	Being kind and helping others  Listening Skills	Safe and unsafe secrets  Appropriate touch  Medicine safety	Cooperation and self-regulation	Looking after my body  Growth Mindset	Being supportive  Dealing with loss  Life cycles

3	Co-operation Friendship	Recognising and respecting diversity  Being respectful and tolerant	Managing risk  Staying safe online  Drugs and their risks	Skills we need to develop as we grow up  Helping and being helped	Keeping myself healthy  Celebrating and developing my skills	Keeping safe  Relationships
4	Recognising feelings  Bullying  Assertive skills	Recognising and celebrating difference (including religions and cultural difference)  Understanding and challenging stereotypes	Managing risk  Understanding the norms of drug use (cigarette and alcohol use)  Influences	Decisions about spending money  Media influence  Making a difference (different ways of helping others or the environment)	Having choices and making decisions about my health  Taking care of my environment	Managing difficult feelings  Relationships including marriage  Menstruation
5	Feelings  Friendship skills, including compromise.  Assertive skills	Recognising and celebrating difference (including religions and cultural difference)  Influence and pressure of social media	Managing risk, including staying safe online  Norms around use of legal drugs (tobacco, alcohol)	Decisions about lending, borrowing and spending  Rights and responsibilities relating to my health  Rights and responsibilities	Growing independence and taking responsibility  Media awareness and safety	Managing difficult feelings  Getting help  Body changes during puberty Managing change
6	Cooperation  Assertiveness  Safe/unsafe touches	Recognising and reflecting on prejudice-based bullying  Understanding bystander behaviour	Staying safe online  Drugs: norms and risks (including the law)  Emotional needs	Earning and saving money  Understanding media bias, including social media  Caring: communities and the environment	Managing risk  Aspirations and goal setting	Self esteem  Keeping safe  Body image