

YEAR 3 - PSHE/RSHE - Class Plan

AUTUMN	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS <i>Leaning Out of Windows</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Leaning Out of Windows Extension Personal safety – Simply RSHE	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS <i>Medicine</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Medicine Extension Drugs, Alcohol, Tobacco & Vaping – Simply RSHE	RELATIONSHIPS UNIT CORE COMPREHENSIVE TOPICS <i>Touch</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Touch Extension Being safe – Simply RSHE
	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS <i>Stealing</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Stealing Extension	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS <i>Grief</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Grief Extension General wellbeing – Simply RSHE	OUR WORLD UNIT CORE COMPREHENSIVE TOPICS <i>Looking After Our World</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Looking After Our World Extension
	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS <i>Making Friends Online</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Making Friends Online Extension Online safety and awareness – Simply RSHE	FIRE SAFETY UNIT CORE COMPREHENSIVE TOPICS <i>Enya & Deedee Visit the Fire St.</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Enya & Deedee Visit the Fire St. Extension Personal safety - Simply RSHE	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS <i>Tolerance</i> <i>What I've Learnt</i> OPTIONAL RESOURCES Tolerance Extension Respectful, kind relationships - Simply RSHE
SPRING			
SUMMER			

YEAR 4 - PSHE/RSHE - Class Plan

AUTUMN	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Coming Home on Time</i> OPTIONAL RESOURCES Coming Home on Time Extension Respectful, kind relationships – Simply RSHE	THE WORKING WORLD UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Chores at Home</i> OPTIONAL RESOURCES Chores at Home Extension General wellbeing – Simply RSHE	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Cycle Safety</i> OPTIONAL RESOURCES Cycle Safety Extension Personal safety – Simply RSHE
	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Jealousy</i> OPTIONAL RESOURCES Jealousy Extension General wellbeing – Simply RSHE	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Healthy Living</i> OPTIONAL RESOURCES Healthy Living Extension Healthy eating – Simply RSHE	
	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Online Bullying</i> OPTIONAL RESOURCES Online Bullying Extension Wellbeing online – Simply RSHE	GROWING AND CHANGING UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Appropriate Touch (Relationships)</i> OPTIONAL RESOURCES Appropriate Touch (Relationships) Extension Being safe – Simply RSHE	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS <i>What I Know Now</i> <i>Breaking Down Barriers</i> OPTIONAL RESOURCES Breaking Down Barriers Extension Respectful, kind relationships – Simply RSHE
SPRING			
SUMMER			

YEAR 5 - PSHE/RSHE - Class Plan

AUTUMN	BEING RESPONSIBLE UNIT CORE COMPREHENSIVE TOPICS <i>Looking Out for Others</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Looking Out for Others Extension General wellbeing – Simply RSHE	FEELINGS AND EMOTIONS UNIT CORE COMPREHENSIVE TOPICS <i>Anger</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Anger Extension General wellbeing – Simply RSHE	KEEPING/STAYING SAFE UNIT CORE COMPREHENSIVE TOPICS <i>Peer Pressure</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Peer Pressure Extension Being safe – Simply RSHE
	GROWING AND CHANGING UNIT CORE COMPREHENSIVE TOPICS <i>Puberty</i> <i>Adults' and Children's Views</i> OPTIONAL RESOURCES Puberty Extension Developing bodies – Simply RSHE	THE WORKING WORLD UNIT CORE COMPREHENSIVE TOPICS <i>Enterprise</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Enterprise Extension NO Simply RSHE Links	A WORLD WITHOUT JUDGEMENT UNIT CORE COMPREHENSIVE TOPICS <i>Inclusion & Acceptance</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Inclusion & Acceptance Extension Families & people who care for me - Simply RSHE
	KEEPING/STAYING HEALTHY UNIT CORE COMPREHENSIVE TOPICS <i>Smoking</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Smoking Extension Drugs, Alcohol, Tobacco & Vaping – Simply RSHE	COMPUTER SAFETY UNIT CORE COMPREHENSIVE TOPICS <i>Image Sharing</i> <i>Adults' & Children's Views</i> OPTIONAL RESOURCES Image Sharing Extension Online safety and awareness – Simply RSHE	

AUTUMN

SPRING

SUMMER

YEAR 6 - PSHE/RSHE - Class Plan

AUTUMN

COMPUTER SAFETY UNIT

CORE COMPREHENSIVE TOPICS

*Making Friends Online
What I've Learnt*

OPTIONAL RESOURCES

Making Friends Online Extension
Online safety and awareness – Simply RSHE

THE WORKING WORLD UNIT

CORE COMPREHENSIVE TOPICS

*In-App Purchases
What I've Learnt*

OPTIONAL RESOURCES

In-App Purchases Extension
Respectful, kind relationships – Simply RSHE

SPRING

KEEPING/STAYING HEALTHY UNIT

CORE COMPREHENSIVE TOPICS

*Alcohol
What I've Learnt*

OPTIONAL RESOURCES

Alcohol Extension
Drugs, Alcohol, Tobacco & Vaping – Simply RSHE

BEING RESPONSIBLE UNIT

CORE COMPREHENSIVE TOPICS

*Stealing
What I've Learnt*

OPTIONAL RESOURCES

Stealing Extension
Respectful, kind relationships – Simply RSHE

A WORLD WITHOUT JUDGEMENT UNIT

CORE COMPREHENSIVE TOPICS

*British Values
What I've Learnt*

OPTIONAL RESOURCES

British Values Extension
NO Simply RSHE Links

SUMMER

KEEPING/STAYING SAFE UNIT

CORE COMPREHENSIVE TOPICS

*Water Safety
What I've Learnt*

OPTIONAL RESOURCES

Water Safety Extension
Personal safety – Simply RSHE

GROWING AND CHANGING UNIT

CORE COMPREHENSIVE TOPICS

*Conception
What I've Learnt*

OPTIONAL RESOURCES

Conception Extension
*Access to Comprehensive Conception
(non-statutory)*

FEELINGS AND EMOTIONS UNIT

CORE COMPREHENSIVE TOPICS

*Worry
What I've Learnt*

OPTIONAL RESOURCES

Worry Extension
General wellbeing – Simply RSHE