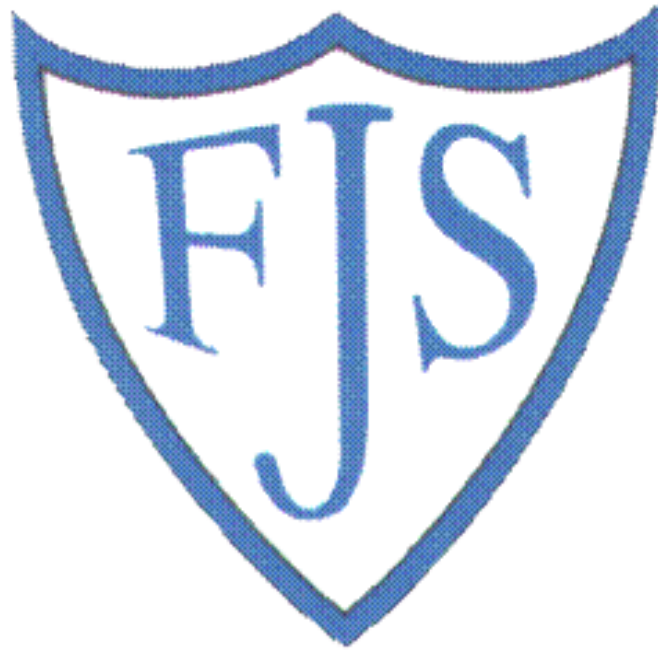


Forefield Junior School



Sun Safe Policy

January 2025
Review 2028

MISSION STATEMENT

*Forefield Junior School is a P.R.O.U.D. school built on **Passion and Respect**, where **Opportunities** can be seized by **Unique and Determined** learners.*

We are passionate about learning in an environment where everyone is empowered to be themselves and to flourish. We respect and value each and every individual and cherish their unique qualities to create a sense of belonging. We are determined to support personal, social and emotional development by encouraging self-belief and providing opportunities for everyone to express themselves and grow in confidence.

By celebrating their diverse contribution to the life of the school and the wider community, each person will be encouraged to build on their foundations, to instil a belief in everyone that they have limitless potential and are always capable of achieving their best - throughout their lives. As a family we share each other's successes and take pride in them.

We will consistently promote the highest of standards in every aspect of school life, provide a vibrant, stimulating curriculum in a safe and happy learning environment, to foster excellent attitudes and behaviour. The inspirational opportunities we provide will fuel a passion for learning and a sense of pride in all we do.

This is what makes us PROUD:

Passion, Respect, Opportunity, Unique, Determined.

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer.

There is potential for schools to help prevent skin cancer in future generations because:

- Schools can play a significant role in changing behaviours through role modelling and education from an early age.
- Children and staff are at risk of sunburn within 10-15 minutes of being exposed to strong sunlight.
- Skin cancer is largely preventable through behaviour modification and sun protection during early years.

At Forefield Junior School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely.

PURPOSE

This policy provides guidelines to:

- ensure all students and staff are protected from over-exposure to UV radiation;
- ensure the outdoor environment provides shade for students and staff;
- ensure students are encouraged and supported to develop independent sun protection skills to help them be responsible for their own sun protection;
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure for students, staff and visitors.

The main elements of this policy are:

- **Partnership:** working with parents/ guardians, staff and the wider community to reinforce awareness about sun safety and promote a healthy school.
- **Education:** learning about sun safety to increase knowledge and influence behaviour.
- **Protection:** providing an environment that enables children and staff to stay safe in the sun.

PARTNERSHIP

- Sun safety will be promoted through working with parents, staff and the wider community to improve our understanding and provision to avoid harmful effects of too much exposure to ultraviolet light (UV).
- Staff should act as positive role models and set a good example by seeking out the shade whenever possible and wearing suitable clothing and sunscreen

EDUCATION

- All pupils will have at least one sun safe lesson per year.
- We will talk about how to be sun safe in assemblies at the start of the summer term and before summer break.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.

APPENDIX A

Staff will regularly reinforce sun safe messages

- when children are going out to play
- when preparing for a school trip
- before games lessons
- This policy will be made available on the school website www.forefieldjuniors.co.uk

PROTECTION

SLIP on sun protective clothing **SLAP** on a sun protective hat **SLOP** on sunscreen

Clothing:

- The children will be encouraged to wear clothes that provide good sun protection.
- Parents / guardians will be informed of the importance to provide children with appropriate sun hats and sunscreen.

Sunscreen:

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips.
- Extra sunscreen will be made available in case children forget their own.

Drinking Water:

- Children are encouraged to bring a water bottle to school every day.
- Children and staff are encouraged to increase their water intake in hot weather and are encouraged to drink water during outdoor play times.

Shade:

- The playground has shade provided by the school building, outdoor shelters, trees and we have temporary structures (gazebos) for use during Sports Day.
- Children will be encouraged to use the shaded areas during playtimes when appropriate.