



Headteacher: Mr P.A. Swift

Deputy Headteacher: Mrs S. Russell

Forefield Juniors – Year 3 – Relationships and Health Education

Dear Parents and Carers,

Our Relationships and Health Education Curriculum (which the Government made statutory from September 2020) has been shaped to support all children to flourish and achieve their potential. Due to the disruption that COVID has had on school life, we want to ensure that parents and carers are kept up to date with the content of this new curriculum and associated vocabulary that will be taught in school. This will help to ensure that conversations about what the children are learning can continue at home. Forefield is committed to supporting families with the teaching of Relationships and Health Education: please contact school if you feel that further guidance or support is needed.

This term, one of the topics for Year 3 is 'Touch'. As part of this topic, the following lesson objectives will be covered:

- Understand the difference between appropriate and inappropriate touch
- Know why it is important to care about other people's feelings
- Understand personal boundaries
- Know who and how to ask for help
- Be able to name human body parts

During this session, the children will be identifying different parts of the body (e.g. knees, elbow). As the session progresses, they will learn new scientific vocabulary to name external body parts, as set out in the Statutory Government Guidance. This will ensure that children can confidently and appropriately name their body parts. Some of these body parts will be introduced as private body parts and we will use the **1decision** resources (used in both the infants and juniors) to support the children's understanding of what the term private means.



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Key vocabulary: private, unique, genitals, penis, testicles, vulva, vagina (*this is the correct terminology for female external and internal genitalia*). As part of the Year 3 in an appropriate manner curriculum, no further explanation of these terms will be given. If children do ask for further clarification of these terms, then please be assured that this will be addressed

We are extremely fortunate at Forefield to be able to teach *Relationships and Health Education* using the **1decision** learning platform. The children are receiving first-rate teaching and learning in order to support them both now and in the future.

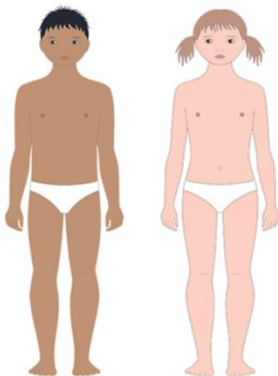
Below, are screenshots of the slides that will be shown to Year 3.



If someone or something was to touch us it would be on a part of our body.

For example, Deedee is touching her mouth.

Let's talk more about body parts →



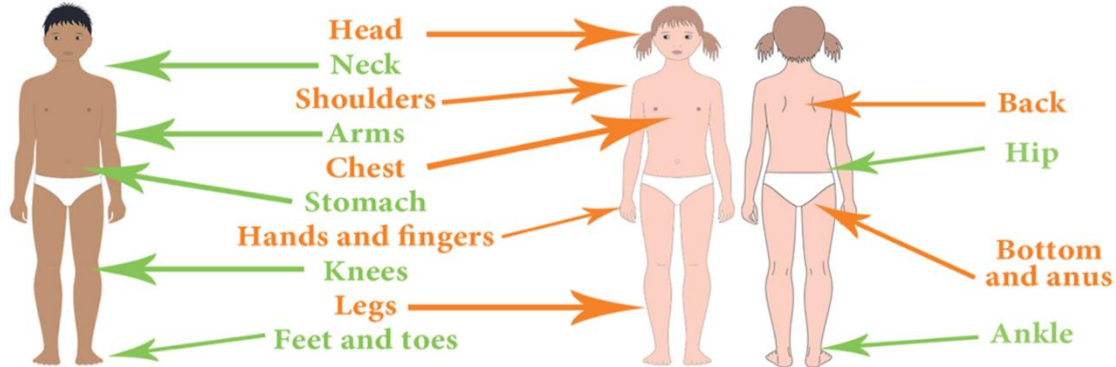
Can you name all of the body parts?

If not, do not worry as we can learn together.



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As a class, small group, or in pairs, discuss the following:

What other body parts do you have?

Deedee's ideas →

Here are some of Deedee's ideas...

Nose

Wrist

Forehead

Chin

Elbow

Ear

Cheeks

Thigh

Can you think of any more?



We've looked at some of the body parts we all have.

Now, let's talk about the different body parts that boys and girls have.



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Boys are born with a penis and testicles, and girls are born with a vulva (external) and vagina (internal).

These are called our private parts.

The parts of the body covered by underwear are private. All humans have private parts and it is important that we respect each other's privacy.

Note to teacher: you may want to research these terms further with your students.



Now that you can name the body parts, let's discuss how we can use touch to communicate with others.

As a class and in one colour pen or pencil, create a list of the different ways we can communicate.

For example: shaking hands to say hello or goodbye

For your information, the above curriculum content is statutory for all pupils in Key Stage 2.

As always, thank you for your continued support. Together, we can ensure that all children at Forefield continue to be well informed and ready to take on the challenges of modern-day life.

Mr M Croot (PSHE lead)

Mr Shannon, Miss Mawdsley, Miss Berry (Year 3 teachers)