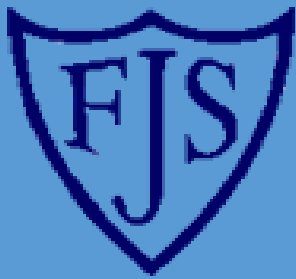


FOREFIELD MATTERS

11th March 2022



Forefield Junior School,
Crosby

Following last week's appeal for items for Ukrainian refugees, here are some Top Tips for Talking to your child about distressing news items:

1. Give them space to talk

While it might feel natural to protect children from the coverage of Ukraine, shutting down conversations may lead to children seeking answers from less reliable sources.

2. Create a sense of calm

Children look to the adults around them for guidance on how to react emotionally. Reassure them they are safe and create a calm atmosphere in which to ask questions.

Remind children that stories like these are in the news because they are rare: they don't happen very often. Equally, let them know that finding these stories upsetting is okay. Feeling sad, worried or angry about a tragic or scary event is perfectly normal, and they certainly won't be alone in feeling that way.

3. Keep things simple

Keep explanations factual and age appropriate. Be honest and be mindful of avoiding stereotypes. Remember: the adults don't have all the answers either.

4. Listen to their views Older children may well be getting their own information about a story from sources which may be biased or unreliable. Listen to them, but encourage critical thinking, an important online media literacy skill.

[Helping your child cope with media coverage of traumatic events — Parent Zone — Parents' area](#)

Dear Parents, Carers and Children,

Although there is much talk of 'things returning to normal' you will be aware from both local and national news that Covid-19 is still with us and affecting everyday life – including at FJS. This week we have had several positive cases: both staff and pupils.

We ask that parents continue to be vigilant around symptoms. If a pupil develops any COVID-19 symptoms, they should remain at home and get tested via PCR as soon as possible. This can be arranged via www.nhs.uk/ask-for-a-coronavirus-test or by calling 119 for those without internet access.

Please note that a negative Lateral Flow Test is not sufficient for them to return to school if they continue to have symptoms. However, if they test positive on a LFD they do not need to access a PCR to confirm.

The guidance remains to self-isolate following a positive COVID test, but if on Day 5 you test negative and then 24 hours later, test negative again, then your child can return to school – unless they continue to be unwell or have a raised temperature.

The most common symptoms are recent onset of:

- New continuous cough and/or
- High temperature and/or
- A loss of, or change in, normal sense of taste/smell (anosmia)

However, we have also seen children with colds, sore throats and upset stomachs who have then tested positive.

If we have classes that have recorded several cases over a short period, we will send the following text message to the class:

Please note that there are several confirmed cases of coronavirus in (insert class). Please be vigilant and test where possible.



Friday, 18th March is Red Nose Day and the theme this year is: Funny is Power!

As in previous years we would like to take part by wearing something red and giving a donation. We would also like children to share their favourite jokes! If they hand them in to their teacher by Thursday, the funniest ones can be shared in Friday's Celebration Assembly. Thanks!

Next week, we will also be taking part in National Science Week – each year group will have their own activities planned.

Have a lovely weekend and take care!

Diary for week beginning 14th March 2022

** SCIENCE WEEK - ACTIVITIES TAKING PLACE IN SCHOOL **

Monday:

9.45 - 11.15	4L Swimming
10.15 - 11.45	5P Swimming
3.30 - 4.30	Y3 Multi-Sports (Active Sport)

Tuesday:

12.00 - 12.30	Y5 Makaton (Mrs Harding)
3.30 - 4.30	Y4 Multi-Sports (Active Sport)
3.30 - 4.30	Maths Tuition (Third Space Learning)
3.30 - 4.30	Y6 Football (Miss Cain)

Wednesday:

3.30 - 4.30	Y5 Multi-Sports (Active Sport)
3.30 - 4.30	Y5 Football (Mr Wood & Mr Parry)

Thursday:

3.30 - 4.15	Y5 Drama (Limelight@Liverpool)
3.30 - 4.30	Y6 Multi-Sports (Active Sport)

Friday:



RED NOSE DAY

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>(V) Linda McCartney Veggie Sausage or Pork Sausage Baked Beans or Tomato Hash Brown & Toast</p> <p>(V) Puff Pastry Cheese & Tomato Parcels Baked Beans</p> <p>Chocolate Crunch Biscuit</p>	<p>Minced Beef & Vegetable Pie with Gravy Veg of the Day Mashed Potatoes</p> <p>(V) Pasta Spirals in a Creamy Tomato Sauce</p> <p>Apple Crumble & Custard</p>	<p>Roast Gammon Veg of the Day Roast Potatoes</p> <p>(V) Quorn Bolognese with Pasta Twists Garlic Bread</p> <p>Frozen Yoghurt</p>	<p>Chinese Chicken Curry or (V) Veggie Curry Tricolour Rice</p> <p>(V) Caribbean Jerk Quorn Fillet Strips Peas & Sweetcorn Potato Wedges</p> <p>Fresh Fruit Medley</p>	<p>Queen's Platinum Jubilee Picnic box containing:</p> <p>Pizza Sausage or Cheese Roll Cheese or Ham Wrap Crisps Biscuit Drink</p>