

# Forest & Sandridge CE Primary School PHSEE & C Policy

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#### **Our vision**

#### Nurture, Grow, Flourish

"For I know the plans I have for you," says the Lord... "plans to give you HOPE and a FUTURE."

#### Jeremiah 29:11

We are committed to creating a positive, safe and nurturing Christian environment, where all members of the school and wider community will be respected and valued.

Within God's love, we will support and encourage one another to grow and flourish... to be the very best we can be.

All we do at our school will be underpinned by the above vision. This policy should be read and understood from this perspective.

#### Introduction

All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act 2002 and the Academies Act 2010, a PSHE curriculum:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society, and
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

The Government's PSHEE education review of PSHE Education (March 2013) stated that the subject would remain non-statutory and that no new programmes of study would be published. The DfE specified as part of its National Curriculum guidance that 'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice'. The review also detailed:

"PSHEE remains an important and necessary part of all pupils' education. We believe that all schools should teach PSHEE, drawing on good practice, and have outlined this expectation in the introduction to the new National Curriculum" (Written Ministerial Statement: Review of Personal, Social, Health and Economic education, March 2013).

# Aim of the PSHEE policy

Forest and Sandridge School use the Jigsaw scheme of work to provide the pupils with PSHEE. To provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

# **Objectives/Pupil learning intentions**

PSHE will support the development of the skills, attitudes, values and behaviour, which enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate effectively
- Work with others
- Respond to challenge
- Be an active partner in their own learning
- Be active citizens within the local community
- Explore issues related to living in a democratic society
- Become healthy and fulfilled individuals

#### **School Environment**

Our school ethos is one where everyone is valued and encouraged, where positive relationships are seen as important, and where the environment is safe, secure and conducive to learning. Therefore we have developed a whole school approach to PSHEE which involves all members of school.

#### **Method of Teaching**

We will provide opportunities in our everyday teaching, which will promote:

- The acquiring of personal knowledge to help inform individual attitudes and behaviours, e.g. knowledge of substances and their effects on the body
- The development of personal skills that enable responsible attitudes to personal health to be translated into responsible behaviours assertive skills, coping skills, communication skills, etc
- Discussion time for children to identify, clarify and re-form personal attitudes and to understand and respect others
- The encouragement of self-awareness with respect to personal attitudes, behaviours and responses affecting good health in themselves and others
- The raising of awareness of behaviours and issues relating to good health in the broadest terms

# **Curriculum and Delivery**

#### **Jigsaw Content**

Jigsaw covers all areas of PSHE for the primary phase, as the table below shows:

| Term      | Puzzle name            | Content   |
|-----------|------------------------|---|
| Autumn I: | Being Me in My World   | Includes understanding my place in the class, school and global community as well as devising Learning Charters |
| Autumn 2: | Celebrating Difference | Includes anti-bullying (cyber and homophobic bullying included) and diversity work                              |

| Spring I: | Dreams and Goals | Includes goal-setting, aspirations, working together to design and organise fund-raising events                 |
|-----------|------------------|---|
| Spring 2: | Healthy Me       | Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices           |
| Summer I: | Relationships    | Includes understanding friendship, family and other relationships, conflict resolution and communication skills |
| Summer 2: | Changing Me      | Includes Sex and Relationship Education in the context of   |

#### **Drug and Alcohol Education**

Definition of 'Drugs':

This policy uses the definition that a drug is: 'A substance people take to change the way they feel, think or behave' (United Nations Office on Drugs and Crime). The term 'Drugs' includes

- All illegal drugs
- All legal drugs including alcohol, tobacco and volatile substances which can be inhaled
- All over-the-counter and prescription medicines

Effective Drug and Alcohol Education can make a significant contribution to the development of the personal skills needed by pupils as they grow up. It also enables young people to make responsible and informed decisions about their health and well-being..

### **Assessment and Reporting**

Teachers will be eager to ensure children are making progress with their learning throughout their Jigsaw experience. Therefore, each Puzzle (except Puzzle I) has a built-in assessment task, usually in Piece 5 or 6. This task is the formal opportunity for teacher assessment, but also offers children the chance to assess their own learning and have a conversation with the teacher about their two opinions. The task can usually be used as evidence in the Jigsaw Journal.

Each Puzzle has a set of three level descriptors for each year group:

Working towards Working at Working beyond

#### **Equalities**

The Equality Act 2010 covers the way the curriculum is delivered, as schools and other education providers must ensure that issues are taught in a way that does not subject pupils to discrimination. Schools have a duty under the Equality Act to ensure that teaching is accessible to all children and young people, including those who are lesbian, gay, bisexual and transgender (LGBT). Inclusive SRE will foster good relations between pupils, tackle all types of prejudice – including homophobia – and promote understanding and respect. The Department for Education have produced advice on The Equality Act 2010 and schools (DfE 2014b).

Schools have a legal duty to promote equality (Equality Act 2010) and to combat bullying (Education Act, 2006) (which includes homophobic, sexist, sexual and transphobic bullying) and Section 4.2 of the national curriculum (2014) states "Teachers should take account of their duties under equal opportunities legislation that covers race, disability, sex, religion or belief, sexual orientation, pregnancy and maternity, and gender reassignment."

# **Internet E-Safety**

This policy should be read together with the Internet E-Safety Policy.

## **Review**

This policy will be reviewed at least every two years by the staff and the Curriculum Committee of the Governing Body.