

**Personal Development Overview 2024-2025**

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| **Year Group** | **Term 1****Values for Life Worships: Friendship****Values Display: Beech Class****Values for Britain Worship: Democracy****PSHE: Being Me in My World****In class Worship – Year 6 Values**  | **Term 2****Values for Life Worships: Peace****Values Display: Elm Class****Values for Britain Worship: Rule of Law****PSHE Celebrating Difference****In class Worship – Year 6 Values** | **Term 3****Values for Life Worships: Hope****Values Display: Sycamore Class****Values for Britain Worship: Tolerance / Acceptance****PSHE: Dreams and Goals** | **Term 4****Values for Life Worships: Wisdom****Values Display: Cherry Class****Values for Britain Worship: Mutual Respect****PSHE: Healthy Me** | **Term 5****Values for Life Worships: Forgiveness****Values Display: Pear Class****Values for Britain Worship: Individual Liberty****PSHE: Relationships** | **Term 6****Values for Life Worships: Perseverance** **Values Display: Apple****Values for Britain Worship: British Values Review****PSHE: Changing Me** | **WHOLE SCHOOL** |
| **Reception**  | **PSHE Being Me in my World:**Self-identityUnderstanding feelingsBeing in a classroomBeing gentleRights and responsibilities | **PSHE Celebrating Difference**Identifying talentsBeing specialFamiliesWhere we liveMaking friendsStanding up for yourself | **PSHE: Dreams and Goals**Challenges PerseveranceGoal-settingOvercoming obstaclesSeeking helpJobsAchieving goals | **PSHE Healthy Me**Exercising bodiesPhysical activityHealthy foodSleepKeeping cleanSafety | **PSHE Relationships**Family lifeFriendshipsBreaking friendshipsFalling out with bullyingBeing a good friendBodiesRespecting my bodyGrowing upGrowth and changeFun and fears Celebrations | **PSHE Changing Me**Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations | **Roles and Responsibilities*** House and Vice Captains
* Sports Leaders
* Eco Council
* Worship Council
* Wellness Warriors
* Young Carers
* Digital Leaders
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| **Value for Britain** | **Democracy**How do I feel? Only one you.* I am developing an awareness of my own needs, views and feelings.
* I can talk about how I feel with support.
* I can make decisions.
 |  | **Rule of Law**How do we live all live together? Living together and getting along.* I know what is right/wrong.
* I can follow simple rules.
* I know I am a member of my community.
* I know who helps me in school and in the wider community
 | **Individual Liberty**How do I feel? Only one you.* I am developing an awareness of my own needs, views and feelings.
* I can talk about how I feel with support.
* I can make decisions.
 |  | **Mutual Respect and Tolerance**Everyone is special.* I know that there are similarities and differences between people.
* I know that people have things in common but everyone is unique.
* I can say why I am special.
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| **Enrichment, Trips, Visitors and Wider Opportunities** | Wellie WalksGinger Bread Men MakingTheatre Visit – Egg Theatre BuddiesBaby VisitsOn Stage – Nativity PerformanceBalance Bikes | Welly WalksVisitor: People who Help Us – Different Jobs (Fire, Police, Midwife, Nurse, Dentist, Builder, Farmer, Refuse Collector etc)Visitors: Chicks and CaterpillarsBalance BikesPear Class Worship | Educational Visit: SeasideChurch Visit: Leavers ServiceBalance Bikes | **Community:*** Melksham Foodbank
* Christmas cards to the Community
* Forest Christmas Light Community Trail
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| **Year 1** | **PSHE Being Me in my World:**Feeling special and safeBeing part of a classRights and responsibilitiesRewards and feeling proud ConsequencesOwning the Learning Charter | **PSHE Celebrating Difference**Similarities and differences Understanding bullying and knowing how to deal with itMaking new friendsCelebrating the differences in everyone | **PSHE: Dreams and Goals**Identifying successes and achievementsLearning stylesWorking well and celebrating achievement with a partner Tackling new challengesIdentifying and overcoming obstaclesFeelings of success | **PSHE Healthy Me**Keeping myself healthyHealthier lifestyle choicesKeeping cleanBeing safeMedicine safety/safety with household itemsRoad safetyLinking health and happiness | **PSHE Relationships**Belonging to a familyMaking friends/being a good friend Physical contact preferences People who help usQualities as a friend and person Self-acknowledgementBeing a good friend to myself Celebrating special relationships | **PSHE Changing Me**Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition | * Choir singing at Brookside Care Home
* Carols around the Tree to School Community Christmas Local Shoe Box Appeal
* Children In Need / Sport Relief
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| **Value for Britain** | **Democracy**How do we all live together? We all have a voice. Making it fair.* I can express and begin to justify my opinion.
* I can listen and begin to understand others’ point of view.
* I can work as a team and begin to understand the importance of teamwork.
* I can make choices and understand people may make different choices to me.
 |  | **Rule of Law**How do we live all live together? Living together and getting along.* I know what is right/ wrong and can make right choices.
* I can follow rules and begin to explain why we have rules.
* I can name different communities.
* I know who helps me in school and in the wider community.
 | **Individual Liberty**How do I feel? Only one you.* I am developing an awareness of my own needs, views and feelings.
* I can talk about how I feel.
* I am beginning to be sensitive to and respect the feelings of others.
* I can make decisions.
 |  | **Mutual Respect and Tolerance**Everyone is special.* I know that there are similarities and differences between people: likes, gender, appearance, abilities, families, cultural backgrounds.
* I know that people have things in common, but everyone is unique.
* I can identify and respect the similarities and differences between people.
 | * Remembrance service wreath laying
* Community Facilities 3G and Hall Christmas Fete
* Santa Grotto
* Christmas Service
* Advent Reflections
* Easter Egg Trail
* Stations of the Cross Trail
* Easter Service
* Parent Quiz Night
* Summer Fete
* Summer Transition Drop Ins
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| **Enrichment** | Welly Walks – AutumnChurch Visit – Introduction to the ChurchOn Stage: KS1 Production Nativity | Welly Walks WinterWelly Walks SpringVisitor – Space DomeChurch Visit: Lent ServiceWillow Class Worship | Educational Visit: LongleatWelly Walk: SummerVisitor: Dentist | **Clubs-Extended Schools Provision*** Football
* Dance
* Netball
* Cross Country
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| **Year 2** | **PSHE Being Me in my World:**Hopes and fears for the yearRights and responsibilitiesRewards and consequencesSafe and fair learning environment Valuing contributionsChoicesRecognising feelings | **PSHE Celebrating Difference**Assumptions and stereotypes about genderUnderstanding bullyingStanding up for self and others Making new friendsGender diversityCelebrating difference and remaining friends | **PSHE: Dreams and Goals**Achieving realistic goals PerseveranceLearning strengthsLearning with othersGroup co-operationContributing to and sharing success | **PSHE Healthy Me**MotivationHealthier choicesRelaxationHealthy eating and nutrition Healthier snacks and sharing food | **PSHE Relationships**Different types of familyPhysical contact boundaries Friendship and conflictSecretsTrust and appreciationExpressing appreciation for special relationships | **PSHE Changing Me**Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition | * Dodgeball Bench Ball
* Tag Rugby
* Reading
* Boccia
* Curling
* Juggling
* Mindfulness
* Coding
* Book Club
* Construction
* Choir
* Homework
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| **Value for Britain** | **Democracy**How do we all live together? We all have a voice. Making it fair.* I can express and justify my opinion.
* I know mine and others’ views count.
* I can understand the importance of teamwork.
* I can make choices and begin to understand and respect the democratic process.
* I can ask and answer questions to help me form an opinion.
 |  | **Rule of Law**How do we live all live together? Living together and getting along.* I know what is right/ wrong and can apply this in my life.
* I can follow rules.
* I understand the need for rules.
* I know everyone in a community has rights and responsibilities.
* I can say if a rule is fair.
 | **Individual Liberty**How do I feel? Only one you.* I am developing an awareness of my own needs, views and feelings.
* I can talk about how I feel.
* I can be sensitive to and respect the feelings of others.
* I can make decisions and begin to understand the repercussions of my choices.
* I understand I am responsible for my choices and behaviour.
 |  | **Respect and Tolerance**Explore the meaning of equality.* I know what mutual respect is.
* I know that there are similarities and differences between people: likes, gender, appearance, abilities, families, cultural backgrounds, etc.
* I know that people have things in common, but everyone is unique.
* I can identify and respect the similarities and differences between people.
* I understand some cultural ways of life in Great Britain e.g. school age, celebrating birthdays
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| **Enrichment** | Sycamore Class WorshipOn Stage: KS1 Production Nativity | Educational Visit: Steam MuseumLocal WalkChurch Visit: Lent ServiceBirch Class Worship | Educational Visit: Castle VisitVisitor for the Community: IslamVisitor: Dentist | Music tuition 1:1 (available to all-exams included)* Guitars
* Piano
* Drums
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| **Year 3** | **PSHE Being Me in my World:**Setting personal goalsSelf-identity and worthPositivity in challengesRules, rights and responsibilities Rewards and consequences Responsible choicesSeeing things from others’ perspectives | **PSHE Celebrating Difference**Families and their differences Family conflict and how to manage it (child-centred)Witnessing bullying and how to solve itRecognising how words can be hurtfulGiving and receiving compliments | **PSHE: Dreams and Goals**Difficult challenges and achieving successDreams and ambitionsNew challengesMotivation and enthusiasm Recognising and trying to overcome obstaclesEvaluating learning processes Managing feelingsSimple budgeting | **PSHE Healthy Me**ExerciseFitness challengesFood labelling and healthy swaps Attitudes towards drugsKeeping safe and why it’s important online and off line scenarios Respect for myself and others Healthy and safe choices | **PSHE Relationships**Family roles and responsibilities Friendship and negotiationKeeping safe online and who to go to for helpBeing a global citizenBeing aware of how my choices affect othersAwareness of how other children have different livesExpressing appreciation for family and friends | **PSHE Changing Me**How babies grow Understanding a baby’s needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition |  |
| **Value for Britain** | **Democracy**Democracy for All· I can start to understand the terms democracy and why it is important. · I can say what makes a good leader. · I can take part in a fair vote. · I can explore different ways to express my opinions. · I can take part in a Q & A to help me form an informed decision. |  | **Rule of Law**Games without rules· I can follow and value rules.· I understand there are different rules in different places. · I can explore and make rules, learning their value and purpose. · I know everyone in a community has rights and responsibilities and understand the important of rules in different communities. | **Individual Liberty**Encouraging difference.·Free to be me and express myself. · I know what freedom is. · I am aware if my own needs, views and feelings. · I can use encouragement when respecting everyone’s differences. · I can explore ways I am free to be me. · I can choose words to describe my individual personality. · I can consider the hopes and dreams we all have. |  | **Mutual Respect and Tolerance**Welcoming new people.We are Britain. · I can describe how to welcome people and practice being welcoming. · I can think about what different people in Britain are like. · I can recognise my own strengths. · I can show respect for other people’s differences. |
| **Enrichment** | Immersive artefact handling experience- Stone Age.Educational Visit: Stone Age Museum DevizesWoods visit (Parental involvement)- Stone Age CampChurch Visit: Christingle ServiceSewing- (Christmas cards) volunteer helper | Visitor: DentistRoad Safety Workshop Educational Visit: Roman BathsChestnut Class WorshipRowan: Class worship | Swimming (Additional Provision) |  |
| **Year 4** | **PSHE Being Me in my World:**Being part of a class teamBeing a school citizenRights, responsibilities and democracy (school council) Rewards and consequencesGroup decision-makingHaving a voiceWhat motivates behaviour | **PSHE Celebrating Difference**Challenging assumptionsJudging by appearanceAccepting self and others Understanding influences Understanding bullyingProblem-solving Identifying how special and unique everyone isFirst impressions | Hopes and dreamsOvercoming disappointment Creating new, realistic dreams Achieving goalsWorking in a groupCelebrating contributions ResiliencePositive attitudes | **PSHE Healthy Me**Healthier friendshipsGroup dynamicsSmokingAlcoholAssertivenessPeer pressureCelebrating inner strength | **PSHE Relationships**JealousyLove and lossMemories of loved onesGetting on and Falling Out Girlfriends and boyfriendsShowing appreciation to people and animals | **PSHE Changing Me**Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition  |  |
| **Enrichment** | Church Visit: Christingle ServiceSwimming (Additional Provision)Ancient Egyptians Experience Day (In School)Poplar Class WorshipOak Class Worship | Educational Visit: We the Curious | Residential: Wye Valley |  |
| **Value for Britain** | **Democracy**Democracy for All* I can start to understand the terms democracy and why it is important.
* I can say what makes a good leader.
* I can take part in a fair vote.
* I can explore different ways to express my opinions.
* I can take part in a Q & A to help me form an informed decision.
 |  | **Rule of Law**Games without rules* I can follow and value rules.
* I understand there are different rules in different places.
* I can explore and make rules, learning their value and purpose.
* I know everyone in a community has rights and responsibilities and understand the important of rules in different communities.
 | **Individual Liberty**Encouraging difference. Free to be me and express myself.* I know what freedom is.
* I am aware if my own needs, views and feelings.
* I can use encouragement when respecting everyone’s differences.
* I can explore ways I am free to be me.
* I can choose words to describe my individual personality.
* I can consider the hopes and dreams we all have.
 |  | **Mutual Respect and Tolerance**Welcoming new people. We are Britain.* I can describe how to welcome people and practice being welcoming.
* I can think about what different people in Britain are like.
* I can recognise my own strengths.
* I can show respect for other people’s differences.
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| **Year 5** | **PSHE Being Me in my World:**Planning the forthcoming year Being a citizenRights and responsibilitiesRewards and consequencesHow behaviour affects groups Democracy, having a voice, participating | **PSHE Celebrating Difference**Cultural differences and how they can cause conflictRacismRumours and name-callingTypes of bullyingMaterial wealth and happiness Enjoying and respecting other cultures | **PSHE: Dreams and Goals**Future dreamsThe importance of moneyJobs and careersDream job and how to get there Goals in different cultures Supporting others (charity) Motivation | **PSHE Healthy Me**Smoking, including vapingAlcohol and anti-social behaviour Emergency aid Body image Relationships with foodHealthy choicesMotivation and behaviour | **PSHE Relationships**Self-recognition and self-worth Building self-esteem Safer online communitiesRights and responsibilities online Online gaming and gambling Reducing screen timeDangers of online grooming SMART internet safety rules | **PSHE Changing Me**Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition |
| **British values**  | **Democracy**Democracy for All* I know what democracy is and why it is important.
* I can write and deliver a short speech about ideas to improve life.
* I can take part in a fair vote.
* I can articulate ways our school community is a democracy.
* I can take part in a Q & A and a debate, representing different character and delivering their desires powerfully through argument, persuasion, fact and opinion
 |  | **Rule of Law**Rules and Laws* I can explain what Rule of Law is.
* I can think about why we have the ‘Rule of Law’.
* I can explore different rules, learning their value and purpose.
* I can say if there has been an injustice.
* I understand that living under the rule of law protects individuals.
 | **Individual Liberty** Supporting other people’s liberty and values.* I can explore the right to live in freedom and individual liberty.
* I can explore the idea that we need to allow other people to have liberty.
* I understand that individual liberty has to be within the rules.
* I can explore my own individual liberty to be who I want to be (within the rules!).
* I understand that I have the right to make changes.
 |  | **Mutual Respect and Tolerance**Explore the meaning of equality.* To understand how all people are equal and different.
* I know what prejudicial or discriminatory behaviour is.
* I can discuss differences between people, such as differences of faith, ethnicity, disability, gender or sexuality and differences of family situations.
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| **Enrichment** | Visitor: MP VisitMini PoliceHazel Class Whole School WorshipElder Class Whole School Worship | Educational Visit: Ancient Technology CentreMini Police | Tower of London – Crime and Punishment Local Walk – Follow the RiverSwimming (Additional ProvisionPolice Visit – Crime and PunishmentMini Police |  |
| **Year 6** | **PSHE Being Me in my World:**Identifying goals for the yearGlobal citizenshipChildren’s universal rightsFeeling welcome and valued Choices, consequences and rewardsGroup dynamicsDemocracy, having a voiceAnti-social behaviourRole-modelling | **PSHE Celebrating Difference**Perceptions of normality Understanding disabilityPower strugglesUnderstanding bullying Inclusion/exclusionDifferences as conflict, difference as celebrationEmpathy | **PSHE: Dreams and Goals**Personal learning goals, in and out of schoolSuccess criteriaEmotions in successMaking a difference in the world MotivationRecognising achievements Compliments | **PSHE Healthy Me**Taking personal responsibilityHow substances affect the body Exploitation, including ‘county lines’ and gang cultureEmotional and mental health Managing stress | **PSHE Relationships**Mental healthIdentifying mental health worries and sources of supportLove and lossManaging feelingsPower and controlAssertivenessTechnology safetyTake responsibility with technology use | **PSHE Changing Me**Self-image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition |  |
| **Value for Britain** | **Democracy**Democracy for All* I know what democracy is and why it is important and why it matters.
* I can write and deliver a short about ideas to improve life, considering others’ views.
* I can take part in a fair vote.
* I can articulate ways our school community is a democracy.
* I can take part in a Q & A and a debate, representing different characters and delivering their desires powerfully through argument, persuasion, fact and opinion.
* I can explain how democracy has changed over time.
 |  | **Rule of Law**Rules and Laws* I can explain what Rule of Law is.
* I can think about why we have the ‘Rule of Law’.
* I can explore different rules, learning their value and purpose.
* I can suggest new rules and explain how they will make our school community better.
* I can explain why different places have different rules.
* I can say if there has been an injustice and argue my point appropriately.
* I can understand and appreciate the role of the Police in a democratic society.
 | **Individual Liberty** Supporting other people’s liberty and values.* I can explore the right to live in freedom and individual liberty.
* I can explore ways I can support other people’s right to live in freedom and individual liberty.
* I understand that individual liberty has to be within the rules.
* I can explore the UN Children’s Rights.
* I can explore my own individual liberty to be who I want to be (within the rules!).
* I understand that I have the right to make changes and can use my skills to implement change
 |  | **Mutual Respect and Tolerance**Explore the meaning of equality.* I know what tolerance is and why it is important.
* To understand how all people are equal and different.
* I can challenge prejudicial or discriminatory behaviour.
* I can discuss in depth the differences between people, such as differences of faith, ethnicity, disability, gender or sexuality and differences of family situations.
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| **Enrichment** | WWII Experience Day (In School)Swimming (Additional ProvisionBeech Class WorshipPine Class Worship | Pizza Making in a Professional Kitchen | Residential: Black RockTheatre VisitBikabilityYear 6/7 Transition Tacher Visit to SchoolYear 6/7 Transition DaysCommunity Litter Pick (ASDA)On Stage: End of Year ProductionChurch Visit: Leavers Service |  |
| **Whole School** | Pupil Leadership Elections:* House and Vice Captains Elections (Whole School)
* Sports Leaders (Class)
* Eco Council (Class)
* Worship Council (Class)
* Wellness Warriors (Class)
* Digital Leaders

Value Ambassador Worships (Pupil Led)International Day of LanguagesAnti-Bullying WeekBlack History MonthPeople who can help me in school – HandsOn Stage: KS2 Dance Festival | Celebration of DiwaliCelebration of HOLI-Colour runWorld Religion DayScience WeekOn Stage: KS2 Young Voices | Transition and Meet New TeachersOn Stage: KS1 Dance Festival |  |