

Personal Development

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Year 7

Curriculum Intent Our aim to provide pupils with the knowledge and skill they need to be happy, healthy, safe and successful in modern Britain		
	Core Knowledge	Procedural Knowledge
Autumn	Topic Introduction to Forge Valley Equality and Human Rights	Pupils will • Know where to access help and support at Forge • Understand the expectations of behaviour at Forge • Be able to make positive decisions for themselves and understand how these decisions affect other people • Understand their rights and responsibilities in the Equality Act 2010 • Know the 9 protected characteristics • Know what the Universal Declaration of Human Rights is • Discuss human rights abuses globally
Spring	Puberty Health & Wellbeing	• Understand the changes happening to them and their peers • Be empathetic and supportive of others • Know how the brain changes in puberty • Be critical consumers of social media and understand that profiles are curated and do not represent reality • Know when to seek support • Know the importance of sleep, time outdoors, community participation, and kindness • Know the risks associated with unhealthy weight gain • Know the characteristics of a healthy lifestyle • Know the facts about smoking and vaping • Know how to manage their own personal and dental hygiene

Summer	Safety and First Aid Relationships	• Be able to identify risk and manage personal safety in a range of situations • Provide treatment for common injuries and ailments • Perform CPR • Know the purpose of defibrillators and when one might be needed • Know where and how to access support • The characteristics of positive relationships of all kinds, online and offline, including romantic relationships • understand the role of consent, trust, mutual respect, honesty, kindness, loyalty, shared interests and outlooks, generosity, boundaries, tolerance, privacy, and the management of conflict, reconciliation and ending relationships • How to evaluate their impact on other people and treat others with kindness and respect • The importance of self-esteem, independence and having a positive relationship with oneself • Understand what it means to be treated with respect
Homework - We do not issue homework		
Assessment - In class peer and self-assessment are conducted every lesson. A formal assessment is conducted in line with the school's data and reporting calendar, twice annually in Y7, 8 and 10. Assessment consist of a 25-mark multi choice quiz which tests pupils understanding key terminology and application of this knowledge based on scenarios.		
Links to Personal Development Pupils learn to discuss and debate. Are given opportunities to think deeply about issues and develop their own morals and ethics. Pupils will develop the skills to make safe and healthy decisions throughout different life stages.		
How is my Knowledge further developed in Year 8? Pupils will develop their knowledge of Equality and Human Rights by looking at Discrimination in all its forms. They will understand how decisions are made in the country including how laws are made and what the justice looks like, therefore developing understanding of the legal frameworks in place. Relationships education continues this time with a focus on family relationships.		

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	Core Knowledge	Procedural Knowledge
Autumn	Topic Discrimination Who Runs the UK?	Pupils will • Know why respect is important • Be able to display respectful behaviour • Be able to identify disrespectful behaviour • Know that some social media accounts are fake • Understand that social media users are often more extreme than real life interactions • Know what Parliament is • Know the difference between government and parliament • Know how leaders are elected • Know where power is held across the different UK nations
Spring	The Justice System Personal Safety	• Know where laws come from • Know the difference between criminal and civil law and why we need each one • Know the role of citizens in the judicial process • Know what their rights and responsibilities are within the justice system • Discuss how other countries punish law breakers • Discuss whether prisons work • Be able to recognise and manage peer influence online and in person • Develop key social and emotional skills that will increase their own safety • Develop skills like, time management, social awareness and self-management • Know the law as it relates to knives and violence • Know the risks and signs that they may be at risk of grooming or exploitation
Summer	Relationships	• Know that there are different types of committed and stable relationships

	Personal Finance	• Know how relationships contribute to wellbeing • Know the legal status of marriage and civil partnerships • Know that common law marriage is a myth • Know that forced marriage is illegal • Know the roles and responsibilities of parents with respect to raising children • Know the physical and emotional damage caused by FGM, Virginity testing and hymenoplasty • Know the laws around FGM • Know the risks related to online gambling and gambling-like content within gaming • Know how facts about financial products such as, Current accounts savings accounts and mortgages • Know what investing is • Know the links to financial management and wellbeing
Homework - We do not issue homework		
Assessment - in class peer and self-assessment are conducted every lesson. A formal assessment is conducted in line with the school's data and reporting calendar, twice annually in Y7, 8 and 10. Assessment consist of a 25-mark multi choice quiz which tests pupils understanding key terminology and application of this knowledge based on scenarios.		
Links to Personal Development Pupils learn to discuss and debate. Are given opportunities to think deeply about issues and develop their own morals and ethics. Pupils will develop the skills to make safe and healthy decisions throughout different life stages.		
How is my Knowledge further developed in Year 9? Pupils will take part in 3 drop down days, based on the following themes, The Economy and Personal Finance, Parliament Week and Careers. These offer pupils the opportunity to further develop their knowledge from the 'Who Runs the UK?' unit and from the Personal Finance units in Y8.		

Year 9

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	Core Knowledge	Procedural Knowledge
Autumn	Topic	Pupils will

	The Economy and Personal Finance	• Know how public money is raised and spent • Know the risks associated with gambling • Understand the functions and use of money • Understand the basics of income, expenditure, credit and debt, insurance, savings and pensions
Spring	Parliament week	• Be able to discuss human rights and international law • Understand democratic and non-democratic systems of government • Know that the UK have diverse national, regional, religious and ethnic identities
Summer	Careers and Personal Finance	• Be able to investigate career opportunities using labour market information • Be able to investigate careers options • Make choices about their future study
Homework- We do not issue homework		
Assessment - In class peer and self-assessment are conducted every lesson. A formal assessment is conducted in line with the school's data and reporting calendar, twice annually in Y7, 8 and 10. Assessment consist of a 25-mark multi choice quiz which tests pupils understanding key terminology and application of this knowledge based on scenarios.		
Links to Personal Development Pupils learn to discuss and debate. Are given opportunities to think deeply about issues and develop their own morals and ethics. Pupils will develop the skills to make safe and healthy decisions throughout different life stages.		
How is my Knowledge further developed in Year 10?		

Year 10

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	Core Knowledge	Procedural Knowledge
Autumn	Topic Online safety	• Know about the prevalence of deepfakes, how they can be used maliciously and the harm that can be caused • Know how to identify deepfakes

		volunteering or acts of kindness for mental wellbeing and happiness • Know that happiness is linked to being connected to others • Know that worrying and feeling down are normal, can affect everyone at different times and are not in themselves a sign of a mental health condition • Know the characteristics of common types of mental ill health (e.g. anxiety and depression)
Summer	Careers and Work Experience Media Literacy	• Take part in work experience • Reflect on their work experience and use this to guide future career choices • Know what misinformation and disinformation are • Understand the prevalence and risks of deepfakes • Understand how the media can be used to persuade • Know how the media can be used to interfere with the democratic process
Homework- We do not issue homework		
Assessment - In class peer and self-assessment are conducted every lesson. A formal assessment is conducted in line with the school's data and reporting calendar, twice annually in Y7, 8 and 10. Assessment consist of a 25-mark multi choice quiz which tests pupils understanding key terminology and application of this knowledge based on scenarios.		
Links to Personal Development Pupils learn to discuss and debate. Are given opportunities to think deeply about issues and develop their own morals and ethics. Pupils will develop the skills to make safe and healthy decisions throughout different life stages.		
How is my Knowledge further developed in Year 11? Pupils will continue to develop their understanding of healthy relationships and will look in more detail at some of the healthy elements of relationships. Health and Wellbeing units will be continued with an increased focus on pupils taking full responsibility for their own health in preparation or adulthood.		

Year 11

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	Core Knowledge	Procedural Knowledge

Autumn	Topic Careers, Personal Finance and Online Safety Relationships	Pupils will • Know the risks related to online gambling and gambling-like content within gaming • Know that gambling can lead to serious mental health harms, including anxiety, depression, and suicide • Know how advertising and information is targeted at them and how to be a discerning consumer of information online • Know the risks of illegal behaviours online, including drug and knife supply or the sale or purchasing of illicit drugs online • Know the serious risks of viewing online content that promotes self-harm, suicide or violence • How inequalities of power can impact behaviour within relationships, including sexual relationships • discuss how some sub-cultures might influence our understanding of sexual ethics, including the sexual norms endorsed by so-called "involuntary celibates" (incels) or online influencers • The role of consent, including in romantic and sexual relationships • understand that just because someone says yes to doing something, that doesn't automatically make it ethically ok • Skills for ending relationships or friendships with kindness • What tolerance requires • That strangulation and suffocation are criminal offences, and that strangulation (applying pressure to the neck) is an offence, regardless of whether it causes injury
Spring	Health	• How the different sexually transmitted infections (STIs), including HIV, are transmitted. • How risk can be reduced through safer sex (including through condom use).

	Mental wellbeing	• The use and availability of the HIV prevention drugs Pre-Exposure Prophylaxis (PrEP) and Post Exposure Prophylaxis (PEP) and how and where to access them. The importance of, and facts about, regular testing and the role of stigma • How to counter misinformation, including signposting towards medically accurate information and further advice • How and when to self-care for minor ailments, and the role of pharmacists as knowledgeable healthcare professionals • The importance of healthy behaviours before and during pregnancy, including the importance of pre-conception health • How to navigate their local healthcare system • The concept of Gillick competence • Know how to talk about their emotions • Know the benefits and importance of physical activity, sleep, time outdoors, community participation and volunteering or acts of kindness for mental wellbeing and happiness. • Know that worrying and feeling down are normal, can affect everyone at different times and are not in themselves a sign of a mental health condition • Know the characteristics of common types of mental ill health (e.g. anxiety and depression) • Understanding how to overcome anxiety or other barriers to participating in fun, enjoyable or rewarding activities • That the co-occurrence of alcohol/drug use and poor mental health is common and that the relationship is bi-directional
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Summer	Independent study in preparation for GCSE examinations	
Homework - We do not issue homework		
Assessment - In class peer and self-assessment are conducted every lesson. A formal assessment is conducted in line with the school's data and reporting calendar, twice annually in Y7, 8 and 10. Assessment consist of a 25-mark multi choice quiz which tests pupils understanding key terminology and application of this knowledge based on scenarios.		
Links to Personal Development Pupils learn to discuss and debate. Are given opportunities to think deeply about issues and develop their own morals and ethics. Pupils will develop the skills to make safe and healthy decisions throughout different life stages.		
How is my Knowledge further developed in Year X? (next academic year)		