

# Weekly Menu

Week : 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Pea & ham	Broccoli & stilton	Curried parsnip	Leek & potato	Tomato, lentil & basil
<b>Traditional main meal</b>	Chicken Biryani served with a masala sauce, poppadum & mango chutney	Beef mince and onion cobbler served with roasted vegetables & potato wedges garlic bread	Roast of the week served with roast potatoes, & whole green beans	Beef Lasagne served with a mixed green salad, roast potato slices sugar snap peas	Battered fish goujons served with chunky chips, mushy peas & curry sauce
<b>Healthier option</b>	Chicken Biryani served with braised rice, Or Soup of the day bought with boxed salad of your choice	Beef mince served with a trio of steamed vegetables Or Soup of the day bought with boxed salad of your choice	Roast of the week served with Boiled potatoes, & whole green beans Or Soup of the day bought with boxed salad of your choice	Beef lasagne served with a mixed green salad, garlic bread Or Soup of the day bought with boxed salad of your choice	Stuffed peppers filled with a 5-spice vegetable rice Or Soup of the day bought with boxed salad of your choice
<b>Vegetarian</b>	Vegetable Biryani served with masala sauce, poppadum & mango chutney	Macaroni cheese bake served with mixed green salad	Vegetable wellington served with roast potatoes & whole green beans	Vegetable lasagne served with a mixed green salad	Stuffed peppers filled with a 5-spice vegetable rice
<b>Jacket potato</b>	Cheddar cheese Tuna mayo Coleslaw Baked beans	Cheddar cheese Tuna mayo Coleslaw Baked beans	Cheddar cheese Tuna mayo Coleslaw Baked beans	Cheddar cheese Tuna mayo Coleslaw Baked beans	Cheddar cheese Tuna mayo Coleslaw Baked beans