

RO33- Supporting individuals through life

RO35- Health promotion campaigns

Topic Area 1: Life stages
1.1 Life stages and development

Topic Area 2: Impacts of life events
2.1: Expected and unexpected life events

Topic Area 3: Sources of support
3.1: Sources of support that meet individual need

Topic Area 1: Current public health issues and the impact on society
1.1 The importance of a healthy society
1.2 Public health challenges for society
1.3 Current health promotion campaigns and their benefits
2.1 Factors influencing health and wellbeing.
2.2 Leading a healthy lifestyle.
2.3 Barriers to leading a healthy lifestyle.

Topic Area 3: Plan and create a health promotion campaign.
3.1 How to plan a health promotion campaign.

Topic Area 3: Effective communication in health and social care settings
3.1 The importance of verbal communication skills in health and social care settings
3.2 The importance of non-verbal communication skills in health and social care settings
3.4 The importance of special methods of communication in health and social care settings
3.5 The importance of effective communication in health and social care settings

Topic Area 2: Person-centred values
2.1 Person-centred values and how they are applied by service providers.
2.2 Benefits of applying the person-centred values
2.3 Effects on service users' health and wellbeing if person-centred values are not applied.

RO32- Principles of care in health and social care settings

Topic Area 1: The rights of service users in health and social care settings
1.1 Types of care settings
1.2 The rights of service users
1.3 The benefits to service users' health and wellbeing when their rights are maintained.

Topic Area 4: Deliver and evaluate a health promotion campaign.
4.1 How to deliver a health promotion campaign.
4.2 How to evaluate own performance.

Topic Area 4: Protecting service users and service providers in health and social care settings.
4.1 Safeguarding
4.2 Infection prevention
4.3 Safety procedures and measures