

The tables below represent some examples of where RSE is delivered through the curriculum.

**Primary curriculum**

Curriculum area	Topic	Examples of Key Stage end Points (KSEP)
<b>PSD</b> Pathway 1	On going PSD	I can take turns and wait with support from an adult I can play and work alongside my peers. I am interested in the actions of my peers.
<b>PSD</b> Pathway 2		I can play a game nicely with my friends. I show sportsmanship by saying well done and I am not unkind if I lose. I am aware of other's feelings and I take them into account when interacting with them. I am beginning to show empathy when someone has hurt themselves or is sad. I am becoming aware that I am growing up. I know that I will become an adult one day. I know some things that happen when I am growing up e.g. getting taller. I am aware that I should keep my clothes on in public. I am beginning to identify my relationships with different people e.g. friends, family, teachers.
<b>PSD</b> Pathway 3	On going PSD	I know when a peer is not being kind to me and that I can say 'stop' or tell an adult. I am beginning to develop strategies for conflict resolution with peers. I know some qualities of a good friend. I can demonstrate how to be a good friend. I am aware that my body will go through changes in the next few years. I know how to cope with changes to my body. I am aware of appropriate ways of touching my peers. I use kind hands and feet. I am aware of some different types of relationships and know some people that I have a relationship with e.g. friends, teachers. I know the meaning of public and private and can sometimes demonstrate an understanding of this
<b>Health</b> Pathway 1	Massage	I can communicate positive and negative responses throughout therapeutic sessions.
<b>Health</b> Pathway 2	Peer Massage	I can be gentle with my friends and can touch gently and sensitively if and when it is appropriate.
<b>Health</b> Pathway 3	Emotional Well Being	I can list my friends and family members and I know why it's important that my friends and family are happy. I know why people say 'I love you' and I know what it means when two people are in a relationship.

<b>Employment</b> Pathway 1	Being a good friend	I can develop friendships with support. I can recognise some key characteristics of friendships. I can begin to maintain friendships with support. I can share positive and life-enriching experiences with my peers.
<b>Community</b> Pathway 1	Friendship skills Sharing	I can show an interest in my peers when playing and working alongside them. I can begin to wait and take turns when sharing with others. I can recognise and name my peers. I can participate in whole-school events.

<b>Community</b> Pathway 2	Understanding feelings of others	I can apologise when I've done something wrong. I understand how my actions make me feel and the people around me. I am developing my understanding of different relationships within different environments, e.g. hugs and kisses at home with family.
<b>Community</b> Pathway 3	Friendship skills	I am aware of some of the risks that I might be open to in my community, e.g. drugs, gangs, exploitation. I know that these can come from my family or people who I am introduced to. I can understand what positive and negative behaviours with my peers are.
<b>Independence</b> Pathway 1	Working together Me and my family	I can demonstrate the need for privacy and the need to check my appearance with support. I can work alongside others with support to achieve a common goal.
<b>Independence</b> Pathway 3		I recognise the term 'county lines' and I am aware that this is when people or gangs try to get children to sell drugs for them.

### Key Stage 3 Curriculum

Curriculum area	Topic	Examples of Key Stage end Points
<b>Health</b> Pathway 1	Emotional well-being	I can recognise simple emotions in myself and know when people who are familiar to me feel a certain way.
<b>Health</b> Pathway 1	Living Arrangements	I can identify different places to live. I know who I live with and can recall this without support.
<b>Health</b> Pathway 2	Personal life choices	I can think of others and how my actions can help or hinder them. I know that people can choose to be in a sexual relationship, and this is about choice and consent

<b>Health</b> Pathway 2	Living Arrangements	I know who can make up a household and recognise that all families are different. I know about the different types of relationships between family and friends.
<b>Health</b> Pathway 3	Hygiene	I understand the idea of sexual health and the dangers of STI's.
<b>Health</b> Pathway 3	Personal life choices	I know the difference between a healthy and unhealthy relationship. I know that relationships can change between friends and loved ones. I know that I might want to do things to myself or others, but this must be appropriate to the situation, person and my environment.

		I understand that without consent I would be breaking the law.
<b>Independence</b> Pathway 2	Helpful information	I know about 'county lines' and that this is where criminals exploit children or young adults to sell drugs for them
<b>Independence</b> Pathway 3	Helpful information	know about 'county lines' and that this is where criminals exploit children or young adults to sell drugs for them. I am aware that the name comes from the fact that often the children travel across counties, and they use dedicated mobile phone 'lines' to supply drugs.
<b>Community</b> Pathway 1	Part of a family	I know who part of my family is. I can recognise familiar people and how they help me and interact with me. I am developing my understanding of different relationships within different environment e.g. hugs and kisses at home with family.
<b>Community</b> Pathway 1	Community, places and people	I can approach my peers in a friendly manner and interact appropriately with them.
<b>Community</b> Pathway 2	Part of a family	I know who is in my family and my role within it.
<b>Community</b> Pathway 2	Friendship skills	I know how to be appropriate with my peers and to have a two-sided conversation. I can understand what positive and negative behaviours with my peers are. I can appreciate that other people enjoy different things to myself and how to be a good friend.
<b>Community</b> Pathway 2	Appropriate behaviours out and about	I am aware that some people might try to influence me and get me to do things that I don't want to do.
<b>Community</b> Pathway 3	Friendship skills	I know why friendships are important and I can identify what a healthy and unhealthy relationship looks like
<b>Community</b> Pathway 3	Community places and people	I am respectful and tolerant of diverse social groups, e.g. ethnicity, disability and sexuality.

<b>Community Pathway 3</b>	Being a good citizen	I am aware of radicalisation and how people might try to influence me and get me to do things that I don't want to do.
<b>PSD</b>		

<b>Pathway 1</b>	Friendship Skills	<p>I can demonstrate some positive ways to interact with peers.</p> <p>I am aware of the difference between actions that are kind and unkind.</p> <p>I am aware of different relationship types.</p> <p>I know who it is appropriate to hug and kiss.</p> <p>I know who it is appropriate to have a relationship with.</p> <p>I can take part in a game with my peers that requires turn taking</p> <p>I am developing an awareness of personal space.</p> <p>I am aware that my body changes during puberty.</p> <p>I know the importance of personal hygiene during puberty.</p> <p>I can communicate if I like or dislike something that is happening to me.</p> <p>I know which parts of my body are intimate and private.</p>
<b>PSD Pathway 2</b>	Relationships and Sex Education	<p>I can greet both adults and pupils appropriately. I understand the meaning of personal space and demonstrate this when talking to people.</p> <p>I am aware of some appropriate ways to resolve conflict with my peers.</p> <p>I know what bullying is and I do my best to prevent and report it.</p> <p>I understand that there are different types of relationship and who it is appropriate to have a romantic relationship with, e.g. not teachers.</p> <p>I know my body is going through changes and that it may cause me to have different feelings.</p> <p>I know the meaning of public and private and demonstrate this consistently.</p> <p>I know what masturbation is and I know that it should be private.</p> <p>I know what sex is and why adults do it, e.g. to show love, make a baby.</p>
<b>PSD Pathway 3</b>	Relationships and Sex education	<p>I value other's opinions and I share my own appropriately.</p> <p>I know that people can have conflicting interest.</p> <p>I can use techniques to resolve these or reach a compromise.</p> <p>I understand what jealousy is and how to deal with it</p>

		<p>appropriately.</p> <p>I know good qualities to look for in a partner.</p> <p>I am aware of how to meet new people safely both online and in person.</p> <p>I know what sex is and why people do it and I understand that it must be consensual.</p> <p>I know and understand rules and laws around public and private behaviours and the consequences of breaking these.</p>

### **14-19 Curriculum**

Curriculum area	Topic	Examples of Key Stage End Points
<b>Community</b> Pathway 1	Friendship skills	<p>I understand the concept of 'stranger danger' and only talk to people in the community when it is appropriate.</p> <p>I am developing my communication and interaction skills with people within the community, e.g. shop assistants.</p>
<b>Community</b> Pathway 2	Friendship skills	<p>I can communicate an assertive attitude to bullying.</p> <p>I can recognise actions that may be seen as bullying and can identify ways to be a good friend.</p> <p>I can express opinions and show respect for those of the other person.</p> <p>I am aware of radicalisation and how people might try to influence me and get me to do things that I don't want to do.</p> <p>I understand that this can happen by people within my family or are the product of outside influences.</p>
<b>Community</b> Pathway 3	Uniquely Me Part of a Family, Working/Communicating with People	<p>I understand that my family situation is unique to me and I am aware of how this differs from others.</p> <p>I know how to appropriately communicate in different situations, e.g. with peers, teachers and in the workplace.</p>

		<p>I know about radicalisation and how people might try to influence me and get me to do things that I don't want to do.</p> <p>I know how to keep myself safe and where I can get help if I need it.</p> <p>I understand that this can happen by people within my family or are the product of outside influences</p> <p>I can form and maintain healthy social relationships.</p> <p>I recognise when a relationship is unhealthy and know how to remove myself from this situation.</p> <p>I have an understanding of who I can talk to if I need help or advice regarding sex and relationships.</p>
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<b>Health</b> Pathway 1	OCR Life and Living Skills Entry Level 1	<p>I have a basic understanding of appropriate relationships and consent, e.g. who is and isn't allowed to see my body.</p> <p>I know where and when it is appropriate to take my clothes off.</p> <p>I know how my body changes as I get older and the different stages I will go through.</p> <p>I understand sex and its outcomes, e.g. a baby.</p> <p>I know what contraception is and why it is used and understand what periods are and why females have them.</p> <p>I know about masturbation and when and where it is appropriate.</p>
<b>Health</b> Pathway 2	OCR Life and Living Skills Entry Level 2	<p>I can identify ways to be a good friend and recognise actions that may be described as bullying.</p> <p>I can identify given illnesses as mental or physical.</p> <p>know about the different types of relationships, family and friends.</p> <p>I know that people can chose to be in a sexual relationship and this is about choice and consent.</p> <p>I know who my friends are and who is paid to work with me.</p>
<b>Health</b> Pathway 3	OCR Life and Living Skills Entry Level 3	<p>I know how to keep myself safe and have appropriate healthy relationships online and in the community.</p> <p>I understand mutual consent in sexual relationships and I can walk away from, choose to ignore and report unhealthy relationships.</p> <p>I am aware of methods of contraception and how to prevent sexually transmitted diseases</p> <p>I can manage my relationships with others and recognise that sometimes I can be wrong.</p> <p>I understand that sometimes a compromise is needed or sometimes I may need to respect that others have different opinions.</p>

		I can have friendships in and out of school and can meet up with friends in the community.
<b>Independence</b> Pathway 1	OCR Life and Living Skills Entry Level 1	I can indicate when I do not want to take part by saying or signing no.
<b>Independence</b> Pathway 2	OCR Life and Living Skills Entry Level 2	I know about 'county lines' and that this is where criminals exploit children or young adults to sell drugs for them.

<b>Independence</b>  Pathway 3	OCR Life and Living Skills Entry Level 3	I can show tolerance towards others and respect different opinions. I know about 'county lines' and that this is where criminals exploit children or young adults to sell drugs for them. I am aware that the name comes from the fact that often the children travel across counties, and they use dedicated mobile phone 'lines' to supply drugs
<b>PSD</b>  Pathway 1	OCR Life and Living Skills Entry Level 1	I understand the difference between public and private and how to behave appropriately. I can identify the intimate and private parts of my body and know that nobody should touch them unless I give consent. I am aware of personal space and can mostly respect other people's personal space when prompted. I interact appropriately with my peers. I can identify different people that I have a relationship with and the type of relationship e.g. parent, teacher. I know who my friends are and can identify some qualities of a good friend. I know what a baby needs to survive. I know what a baby needs to survive, and I am aware of the demands of a baby.
<b>PSD</b>  Pathway 2	OCR Life and Living Skills Entry Level 2	I am mostly independent with my personal care. I know who my friends are and I can describe the difference between a relationship and a friendship. I know some positive qualities I should look for in a friendship or relationship. I know ways to work as a team and I can demonstrate this consistently. I can consider other's opinions when working as part of a group. I practise conflict resolution strategies to prevent arguments. I understand the difference between public and private and demonstrate this by behaving appropriately. I know that there are laws around inappropriate sexualised behaviour. I understand what sex is, why people do it and some ways to stay safe during sex. I know what a baby needs to survive, and I am aware of the demands and commitment required to raise a child.

<p><b>PSD</b></p> <p>Pathway 3</p>	<p>OCR Life and Living Skills Entry Level 3</p>	<p>I understand that my friends and family and I may not always get on, but I can handle conflict resolution well and with maturity.</p> <p>I can manage my relationships with others and recognise that sometimes I can be wrong.</p> <p>I am aware of my own identity, the identity of others and I respect this.</p> <p>I am aware of who would be an appropriate partner for me and can say why.</p> <p>I have an understanding of who I can talk to if I need help or advice regarding sex and relationships.</p> <p>I know how to keep myself safe and have appropriate healthy relationships online and in the community.</p> <p>I am aware of laws and know the consequences around inappropriate sexualised behaviour.</p> <p>I know that two adults have sex to make a baby and I am aware that there are preventative measures to getting pregnant.</p> <p>I know that two adults should only have a child if both people are ready for a child and can look after it.</p> <p>I know what a baby needs to survive, and I am aware of the demands and commitment required to raise a child, e.g. a stable income, time.</p>
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