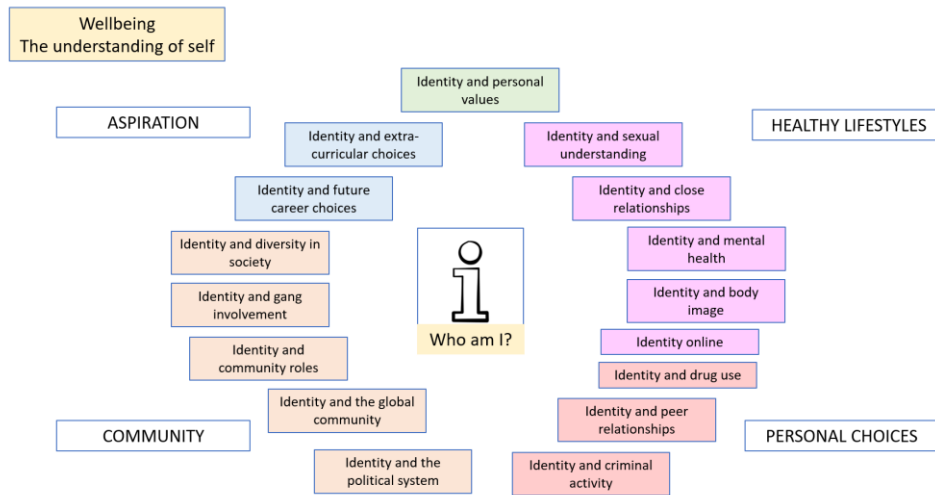


Student Development at Framwellgate School Durham

At Framwellgate School Durham we believe in the holistic development of our students to allow them to understand themselves and their values, their place in the community and be able to face the challenges of life. All students will follow an integrated programme that seeks to explore who they are in terms of aspiration, the community, personal choices and healthy lifestyles.



Year 7

Aspiration

- For more information regarding careers please see the careers page on this website.
- For information regarding enrichment and extra-curricular opportunities please see the personal development page on this website.

Community - the focus of our Year 7 programme concentrates on:

- Recognition of national days, for example, Remembrance, Children in Need, Sports Relief
- Learning about and contributing to local charities
- Learning about the nature of democracy, Parliament and MPs
- Participation in school elections
- The role of the police in society

Personal choices - the focus of our Year 7 programme concentrates on:

- Safe and responsible use of ICT
- Social media and the law
- The use of money
- Peer relationships

Healthy lifestyles - the focus of our Year 7 programme concentrates on:

- Body image
- Personal confidence
- Healthy eating
- Puberty
- Mental wellbeing
- First Aid

Our programme - delivery

The programme is delivered through STEP tutorial sessions, PSE lessons and a number of 'drop down sessions' and themed days and weeks. For further information on the Relationships and Sex Education provision the policy is found [here](#) and the further details in regards to content can be provided by emailing ward.f@Framdurham.com