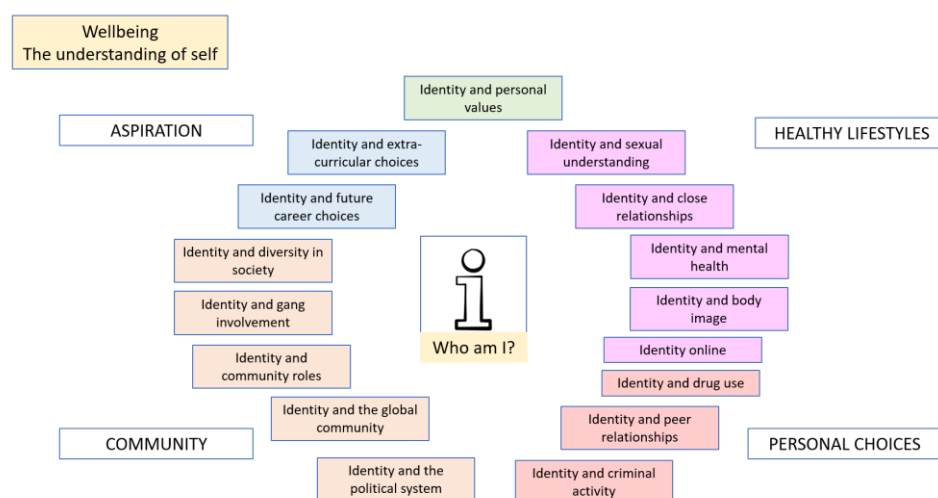


Student Development at Framwellgate School Durham

At Framwellgate School Durham we believe in the holistic development of our students to allow them to understand themselves and their values, their place in the community and be able to face the challenges of life. All students will follow an integrated programme that seeks to explore who they are in terms of aspiration, the community, personal choices and healthy lifestyles.



Year 10

Aspiration

- For information regarding the school's careers programme for Year 10 please see the careers page on this website.
- For information regarding enrichment and extra-curricular opportunities please see the personal development page on this website.

Community - the focus of our Year 10 programme concentrates on:

- Recognition of national days, for example, Remembrance, Children in Need, Sports Relief
- Learning about and contributing to global charities
- Learning about political parties and pressure groups
- Participation in school elections
- Global citizenship – rights and responsibilities
- Prevent

Personal choices – the focus of our Year 10 programme concentrates on:

- Making good choices – tattoos, piercings, plastic surgery
- Appropriate use of social media
- Breaking the law and consequences
- Self-esteem, body image and peer pressure

Healthy lifestyles – the focus of our Year 10 programme concentrates on:

- Bullying and unhealthy relationships
- Alcohol awareness review
- Drugs awareness review
- Keeping safe in the holidays (2)
- Mental health – 'recognising the signs' review

Our programme – delivery

The programme is delivered through STEP tutorial sessions, PSE lessons and a number of 'drop down sessions' and themed days or weeks. For further information on the Relationships and Sex Education provision the policy is found [here](#) and further details in regard to content can be provided by emailing ward.f@Framdurham.com