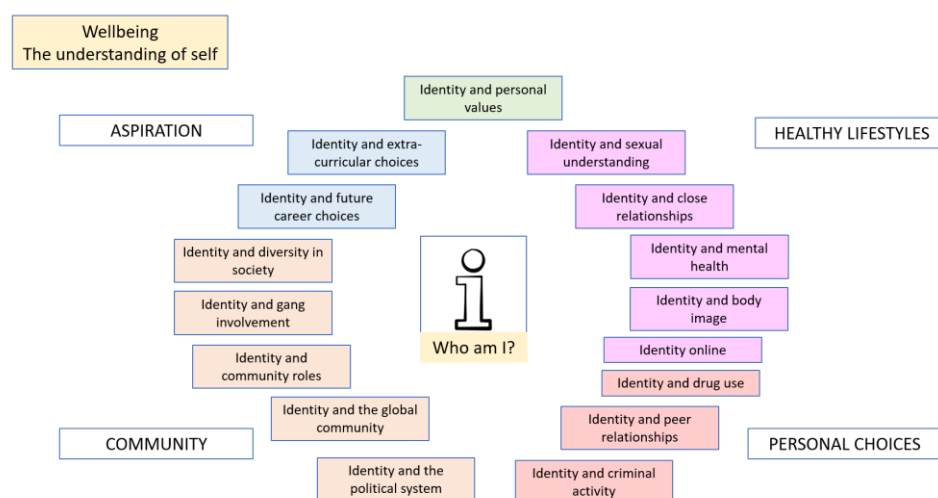


Student Development at Framwellgate School Durham

At Framwellgate School Durham we believe in the holistic development of our students to allow them to understand themselves and their values, their place in the community and be able to face the challenges of life. All students will follow an integrated programme that seeks to explore who they are in terms of aspiration, the community, personal choices and healthy lifestyles.



Year 8

Aspiration

- For information regarding the school's careers programme for Year 8 please see the careers page on this website.
- For information regarding enrichment and extra-curricular opportunities please see the personal development page on this website.

Community - the focus of our Year 8 programme concentrates on:

- Recognition of national days, for example, Remembrance, Children in Need, Sports Relief
- Learning about and contributing to national charities
- Learning about representation, protest and the monarchy
- Participation in school elections
- Fearless, mob culture and weapons

Personal choices - the focus of our Year 8 programme concentrates on:

- Peer pressure and risky behaviour
- Types of relationships
- Bullying and anti-bullying ambassadors
- Marriage and other stable relationships
- Being safe online (including sexting) and digital profile
- Difference and diversity
- The justice system and liberties

Healthy lifestyles - the focus of our Year 8 programme concentrates on:

- Personal hygiene, exercise and sleep
- Drugs
- Child exploitation
- Intimacy and sexual health
- Mental health and good stress

Our programme - delivery

The programme is delivered through STEP tutorial sessions, PSE lessons and a number of 'drop down sessions' and themed days or weeks. For further information on the Relationships and Sex Education provision the policy is found [here](#) and further details in regard to content can be provided by emailing ward.f@Framdurham.com