

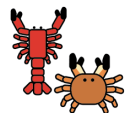

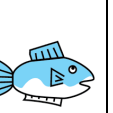
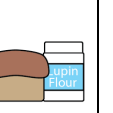


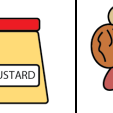
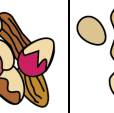
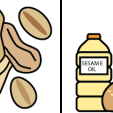
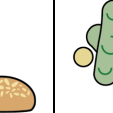
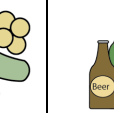
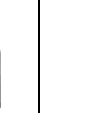


Food items & their Allergen content:

Gluten Free Week(s) 1, 2 & 3 – Monday Day 1

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week 1 GF Spaghetti Bolognese														
Week 2 Cajun Chicken Leg														
Week 3 GF Breakfast Wrap				✓					✓ *			✓ *		
Gravy													✓	
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					



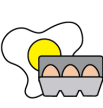








* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

GF = Gluten Free

Review date: 21 April 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

Food items & their Allergen content:

Gluten Free Week(s) 1, 2 & 3 – Tuesday Day 2

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week 1 Chicken Chow Mein with Rice Noodles													✓	
Week 2 Special Chicken Fried Rice				✓									✓	
Week 3 Tuna & Sweetcorn GF Pasta Bake					✓		✓							
Gravy													✓	
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					



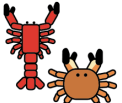











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Review date: 21 April 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

Food items & their Allergen content:

Gluten Free Week(s) 1, 2 & 3 – Wednesday Day 3

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week 1 Butter Chicken Curry with Steamed Rice							✓							
Week 2 GF Chicken Tikka Curry with Turmeric Rice							✓							
Week 3 Butter Chicken Curry with Steamed Rice							✓							
Gravy													✓	
Turmeric Rice														
Steamed Rice														
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					



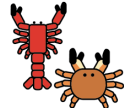
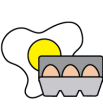

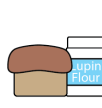







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Food items & their Allergen content:

Gluten Free Week(s) 1, 2 & 3 – Thursday Day 4

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week 1 Ground Beef Tacos with salad														
Week 2 GF Chicken Pitta with Pitta Salad									✓ *			✓ *		
Week 3 Chicken Fajita GF Wrap with salad									✓ *			✓ *		
Gravy													✓	
Garlic Mayo				✓										
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					













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Review date: 18 October 2024 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

Food items & their Allergen content:

Gluten Free Week(s) 1, 2 & 3 – Friday Day 5

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week 1 GF Pitta Pizza Margherita							✓		✓ *			✓ *		
Week 2 GF Chicken Nuggets														
Week 3 GF Pitta Pizza Margherita							✓		✓ *			✓ *		
Chipped Potatoes														
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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GF = Gluten Free

Review date: 21 April 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)